

# Where to Turn Resource Directory

**Essex County Office for the Aging**

**&**

**Essex County NY Connects**

**P.O. Box 217**

**Elizabethtown, NY 12932**

**518-873-3695**

**518-873-3815**



**NY Connects:  
Choices for  
Long Term Care**



## Preface

The Where to Turn Resource Directory is published by the Essex County Office for the Aging, Essex County NY Connects, and the Mental Health Association in Essex County, Inc. This resource is provided to consumers, caregivers, and providers to assist in identifying services that may benefit our community members. Our community members are privileged to have access to a wide array of services that will assist them with carrying out their day-to-day tasks.

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- The Essex County Board of Supervisors
- Title III of the Older American's Act
- The New York State Office for the Aging
- The Mental Health Association in Essex County

### Comments or corrections should be addressed to:

Essex County Office for the Aging  
132 Water Street  
P.O. Box 217  
Elizabethtown, NY 12932  
518-873-3695

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**Disclaimer:** The inclusion or exclusion of an entity does not constitute an endorsement nor signify disapproval by **NY Connects**. **NY Connects** does not assume responsibility for the quality of services provided by any entity deemed eligible for inclusion.

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## **ABUSE: CHILDREN AND ADULTS**

### **Adult Protective Services**

Essex County Department of Social Services  
132 Water Street  
P.O. Box 217  
Elizabethtown, NY 12932  
Tel: 518-873-3553, 518-873-3550  
Fax: 518-873-3794  
Website: [www.co.essex.ny.us/](http://www.co.essex.ny.us/)

*Services for people 18+ with physical and/or mental impairments unable to protect themselves or their resources, cannot provide for their basic needs, and have no one willing and able to help in a responsible manner.*

### **Behavioral Health Services North, Inc.**

22 U.S. Oval – Suite 218  
Plattsburgh, NY 12901  
Tel: 518-563-8206  
Fax: 518-563-9958  
Website: [www.bhsn.org](http://www.bhsn.org)

*Treatment programs for emotionally disturbed children and adults, elder care, respite and caregiver support services, domestic violence services.*

### **Child Abuse Hotline**

NY State Office of Children & Family Services  
Tel: 800-342-3720  
Out-of-state: 800-474-9448  
Website: [www.ocfs.state.ny.us/main/cps/](http://www.ocfs.state.ny.us/main/cps/)

*24-hour hotline; caller anonymity guaranteed.*

### **Child Find of America, Inc.**

41 Main Street  
P.O. Box 277  
New Paltz, NY 12561  
Tel: 845-883-6060  
Website: [www.childfindofamerica.org/](http://www.childfindofamerica.org/)

*Locates missing children through finger-printing and children's pictures distributed throughout the country, mediation programs for parents involved with child abduction, and help to locate runaways.*

### **Child Protective Services**

Essex County Department of Social Services  
7551 Court Street  
P.O. Box 217  
Elizabethtown, NY 12932  
Tel: 518-873-3420  
Website: [www.co.essex.ny.us/](http://www.co.essex.ny.us/)

*Investigation and assessment services to children, safeguarding the well-being of abused and neglected children, ensuring safety to the child, and preserving and stabilizing family whenever possible.*

## **ABUSE: CHILDREN AND ADULTS (cont.)**

### **Local Police**

Lake Placid Police - 518-523-3306  
Moriah Police - 518-546-7286  
Saranac Lake – 518-891-4422  
Ticonderoga Police - 518-585-3456  
For Emergencies, please dial 911.

### **Essex County Sheriff's Office**

P.O. Box 68  
702 Stowersville Road  
Lewis, New York 12950  
Tel: 518-873-6902  
Website: [www.co.essex.ny.us/](http://www.co.essex.ny.us/)

### **NY State Coalition against Domestic and Sexual Violence**

119 Washington Avenue  
Albany, NY 12203  
Tel: 518-482-5465  
Tel: 1-800-942-6906 – NYS Hotline  
Fax: 518-482-3807  
Website: [www.nyscadv@nyscadv.org](mailto:www.nyscadv@nyscadv.org)

*Hotline, crisis counseling.*

### **Sexual Assault Services of Essex County**

15 Montcalm Street, Suite 2  
Ticonderoga, NY 12883  
Tel: 518-984-0094  
Fax: 201-304-0103  
24-Hour Hotline: 877-212-2323

*Counseling on sexual assault issues and relationships over the age of 12. 24-hour hotline, crisis counseling, therapy, advocacy, information and referrals, prevention education/training. Services are provided to victims of sexual assault no matter when the assault occurred. Whether it was 2 hours ago or 20 years ago, services can be provided. Crime Victims Board claims.*

### **Stop Domestic Violence**

6470 Main Street, Suite 2  
P.O. Box 97  
Westport, NY 12993  
Tel: 1-888-563-6904

*Emergency shelter, counseling, education, crisis intervention and support groups, advocacy, community presentations, 24-hour hotline.*

## **AID TO BLIND, DEAF, AND DISABLED**

### **Advocacy for the Developmentally Disabled (Starbridge)**

1650 South Avenue, Suite 200  
Rochester, NY 14620  
Tel: 585-546-1700  
Fax: 585-224-7100  
Web: [www.starbridgeinc.org](http://www.starbridgeinc.org)

*Information and referral for developmentally disabled, employment and community living services, community education.*

### **Behavioral Health Services North, Inc.**

22 U.S. Oval, Suite 218  
Plattsburgh, NY 12903  
Tel: 518-563-8206  
Fax: 518-563-9958  
Website: [www.bhsn.org](http://www.bhsn.org)

*Treatment programs for emotionally disturbed adults and children.*

### **Board of Cooperative Educational Services (BOCES) Champlain Valley Educational Services (CVES)**

Malone Campus  
3372 State Route 11  
P.O. Box 28  
Malone, NY 12953  
Tel: 518-483-6420

Mineville Campus  
P.O. Box B,  
3092 Plank Road  
Mineville, NY 12956  
Tel: 518-942-6691

Plattsburgh Campus  
P.O. Box 455  
1585 Military Turnpike  
Plattsburgh, NY 12901  
Tel: 518-561-0100  
Website: [www.cves.org](http://www.cves.org)

**CV-TEC Programs:** *Building trades, natural resource management, allied health, cosmetology, auto technology, child care, special education programs, alternative ed/GED prep.*

### **Center for Disability Services**

314 South Manning Blvd.  
Albany, NY 12208  
Tel: 518-437-5700  
Website: [www.cfdsny.org](http://www.cfdsny.org)

*The Center for Disability Services provides services throughout upstate New York to enable and empower people, primarily those with disabilities, to lead healthy and enriched lives.*

## **AID TO BLIND, DEAF, AND DISABLED (cont.)**

### **Cerebral Palsy Association of the North Country**

380 County Rte 51 (Creighton Road)  
Malone, NY 12953  
Tel: 518-483-0109  
Fax: 518-483-1039  
Website: [www.cpnorthcountry.org](http://www.cpnorthcountry.org)

*Provides family services, advocacy, and community living options for people with disabilities.*

### **Client Assistance Program**

Resource Center for Independent Living, Inc.  
409 Columbia Street, PO Box 210  
Utica, NY 13503-0210  
Tel: 315-797-4642  
Fax: 315-797-4747  
Website: [www.rcil.com](http://www.rcil.com)

*Support, education, and advocacy for people with disabilities to ensure that choices for independent living are respected.*

### **Clover Patch Camp**

55 Helping Hand Lane  
Glenville, NY 12302  
Tel: 518-384-3081 or 518-384-3080  
Fax: 518-384-3001  
Website: [www.cloverpatchcamp.org](http://www.cloverpatchcamp.org)

*Clover Patch Camp serves as a residential summer camp for adults with developmental disabilities. Operated by the Center for Disability Services, camp also serves as a respite for families providing a fully accessible facility, including an accessible therapeutic swimming pool, with trained staff.*

### **Learning Disabilities Association of NY State**

1190 Troy Schenectady Road  
Latham, NY 12110  
Tel: 518-608-8992  
Fax: 518-608-8993  
Website: [www.ldanys.org/](http://www.ldanys.org/)

### **Medicaid Program**

Essex County Department of Social Services  
7551 Court Street  
PO Box 217  
Elizabethtown, New York 12932  
Tel: 518-873-3450  
Website: [www.co.essex.ny.us/](http://www.co.essex.ny.us/)

*Assistance program for low-income individuals/families or people with disabilities who are unable to pay for medical care.*

## **AID TO BLIND, DEAF, AND DISABLED (cont.)**

### **Mental Health Association in Essex County, Inc.**

6096 NYS Route 9N  
Westport, NY 12993  
Tel: 518-962-2077  
Tel: 800-440-8074  
Fax: 518-962-8233  
Website: [www.mhainessex.org/](http://www.mhainessex.org/)

*A wide range of programs to facilitate the recovery of people who have experienced mental illness.*

### **Mountain Lake Services**

10 St. Patrick's Place  
Port Henry, NY 12974  
Tel: 518-546-3381  
Fax: 518-546-7138  
Website: [www.mountainlakeservices.org/](http://www.mountainlakeservices.org/)

*Residential/vocational/day programs, services for developmentally disabled adults and children.*

### **New York State Office for People with Developmental Disabilities**

44 Holland Avenue  
Albany, New York 12229  
Tel: 866-946-9733  
TTY: 866-933-4889  
Website: [www.opwdd.state.ny.us/](http://www.opwdd.state.ny.us/)

*In-patient services for the severely disabled; Out-patient evaluations, assistance getting services for children and adults with developmental disabilities and other physical and/or neurological disabilities.*

### **North Country Association for the Visually Impaired (NCAVI)**

22 U.S. Oval, Suite B-15  
Plattsburgh, NY 12903  
Tel: 518-562-2330  
Fax: 518-562-2331  
Website: [www.ncavi.org/](http://www.ncavi.org/)

*Free services in Essex, Clinton, Franklin and St. Lawrence Counties to blind and legally blind individuals of all ages. If you or someone you know is living with vision loss NCAVI can help.*

### **North Country Center for Independence**

80 Sharron Avenue  
Plattsburgh, NY 12901  
Tel: 518-563-9058  
Fax: 518-563-0292  
Website: [www.ncci-online.com/](http://www.ncci-online.com/)

*Information & referral, peer counseling, advocacy, independent living skills training, radio reading skills, accessibility consultation, assistive technology, benefits advisement, employment services, and long-term care information to empower people with disabilities to live more independent and productive lives.*



## **AID TO BLIND, DEAF, AND DISABLED (cont.)**

### **North Country Legal Services (Legal Aid Society of Northeastern NY)**

100 Court Street  
P.O. Box 989  
Plattsburgh, NY 12901  
Tel: 518-563-4022  
Fax: 518-563-4058  
Website: [www.lasnny.org/](http://www.lasnny.org/)

*Legal counseling and representation, variety of civil areas specializing in handicapped law education, disability claims, public entitlements, landlord/tenant problems, family problems, consumer issues, unemployment.*

### **North Star Family of Services (Citizen Advocates, Inc.)**

70 Edgewood Road  
Saranac Lake, NY 12983  
Tel: 518-891-5535  
Website: [www.citizenadvocates.net/](http://www.citizenadvocates.net/)

*Serving individuals with developmental, behavioral, or intellectual challenges of any age to live independent lives; outpatient clinic, work programs, community residences.*

### **Northeastern Association for the Blind at Albany**

301 Washington Avenue  
Albany, NY 12206  
Tel: 518-463-1211  
Website: [www.naba-vision.org/](http://www.naba-vision.org/)

*Assists individuals who are blind or visually impaired to achieve independence and growth. Services and support are provided that are responsive and flexible to each person's unique needs. NABA provides services throughout the greater Capital Region to residents of Albany, Columbia, Fulton, Greene, eastern Montgomery, Rensselaer, Saratoga, Schenectady, Schoharie, Warren and Washington counties.*

### **NY State Commission on Quality of Care and Advocacy for People with Disabilities**

401 State Street  
Schenectady, NY 12305-2397  
Tel: 1-800-624-4143  
Fax: 518-388-2890  
Website: [www.cqcapd.state.ny.us/](http://www.cqcapd.state.ny.us/)

*An independent agency responsible for oversight in the state's mental hygiene system, investigates and responds to requests concerning patient/resident care and treatment that cannot be resolved within facilities; CAP - employment and training advocacy services; PAIMI (Protection and Advocacy for Individuals with Mental Illness), New York State Assistive Technology Advocacy Project.*

## **AID TO BLIND, DEAF, AND DISABLED (cont.)**

### **NY State Office of Children and Family Services - Commission for the Blind**

40 North Pearl Street, 10th Floor  
Albany, NY 12210  
Tel: 518-473-675  
TTY: 866-871-6000  
Saranac Outstation: 518-359-7936  
Website: [ocfs.ny.gov/main/cb/](http://ocfs.ny.gov/main/cb/)

*Vocational rehabilitation and other direct services for children, adults, and the elderly, with the goals of economic self-sufficiency and full integration into society.*

### **NY State Talking Book and Braille Library**

Cultural Education Center  
222 Madison Avenue  
Albany, NY 12230-0001  
Tel: 518-474-5935 or 1-800-342-3688  
Fax: 518-474-7041

*The New York State Talking Book and Braille Library (TBBL) lends Braille, recorded books, and magazines to those who are unable to read standard printed materials because of a visual or physical disability.*

### **Sunmount DDSO - Plattsburgh**

159 Margaret Street, Suite 104  
Plattsburgh, NY 12901  
Tel: 518-561-8190 ext. 207  
Fax: 518-561-1558  
Website: [www.opwdd.ny.gov/](http://www.opwdd.ny.gov/)

*Serving people in Essex and Clinton counties who are intellectually disabled, have cerebral palsy, epilepsy, neurological impairment, autism, or other developmental disabilities.*

### **Sunmount DDSO - Administrative Offices**

2445 State Route 30  
Tupper Lake, NY  
Tel: 518-359-2962  
Fax: 518-359-4491  
Website: [www.opwdd.ny.gov/](http://www.opwdd.ny.gov/)

*Sunmount Developmental Disabilities Services Office (DDSO) serves the six northern New York counties: Franklin, Essex, Clinton, Hamilton, Jefferson and St. Lawrence. In partnership with the local government units and nonprofit private sector agencies, Sunmount DDSO is involved with the planning, development, funding, technical support, quality assurance and direct operations of a wide variety of community-based residential, day and at home support services.*

## **AID TO BLIND, DEAF, AND DISABLED (cont.)**

### **SUNY Plattsburgh Speech & Hearing Center**

101 Broad Street  
Plattsburgh, NY 12901  
Tel: 518-564-2170  
Website: [www.plattsburgh.edu](http://www.plattsburgh.edu)

*Hearing, Speech, voice and language evaluation, diagnosis and treatment services for infants, children, and adults; hearing aid evaluation, fitting, and dispensing.*

### **Eleanor M. Luse Center for Disorders of Communication**

#### **UVM College of Nursing & Health Science**

489 Main Street  
Burlington, VT 05401  
Tel: 802-656-3861  
Fax: 802-656-2528  
Website: [www.uvm.edu](http://www.uvm.edu)

*Speech, language, & audiology services for adults and children.*

### **Epilepsy Foundation Northeastern NY**

3 Washington Square  
Albany, NY 12205  
Tel: 518-456-7501  
Website: [www.epilepsy.com/northeastern-new-york](http://www.epilepsy.com/northeastern-new-york)

*A nonprofit organization dedicated to serving people with epilepsy in 22 counties, the mission of the Epilepsy Foundation is to lead the fight to overcome the challenges of living with epilepsy and to accelerate therapies to stop seizures, find cures, and save lives.*

## AID TO THE ELDERLY

### **American Association of Retired Persons (AARP)**

Health Insurance Information - 800-523-5800  
Services Available –866-894-6032  
Membership Information - 800-424-3410 or 888-687-2277  
Website: [www.aarp.org](http://www.aarp.org)

*A variety of programs designed for individuals 50 years or older.*

### **Adirondack Community Action Program (ACAP) - Aging Services**

7572 Court Street, P.O. Box 848  
Elizabethtown, NY 12932  
Tel: 518-873-3207 or 877-873-2979  
Fax: 518-873-6845  
Website: [www.acapinc.org](http://www.acapinc.org)

*Nutrition Program for the Elderly - Provides nutritious meals, social activities, and information and referral for seniors 60 and over at 13 sites throughout the county. Provides home delivered meals and a daily contact to homebound elderly.*

### **Adult Protective Services**

Essex County Department of Social Services  
132 Water Street, P.O. Box 217  
Elizabethtown, NY 12932  
Tel: 518-873-3550  
Website: [www.co.essex.ny.us](http://www.co.essex.ny.us)

*Services for people 18 and over with physical and/or mental impairments who are unable to protect themselves or their resources, cannot provide for their basic needs, and have no one willing and able to help in a responsible manner.*

### **Alzheimer's Association – Northeastern New York Chapter**

4 Pine West Plaza, Suite 405, Washington Avenue Ext.  
Albany, NY 12205  
Tel: 518-867-4999, 800-272-3900  
Fax: 518-867-4997  
Website: [www.alz.org/northeasternny](http://www.alz.org/northeasternny)

*Education and support to people with Alzheimer's and their caregivers, care consultations with family members, community and professional education programs, support groups, Safe Return Program, advocacy for federal funding for research.*

### **Alzheimer's Disease Assistance Center**

101 Broad Street  
227 Sibley Hall - SUNY Plattsburgh  
Plattsburgh, NY 12901  
Tel: 518-564-3377 or 800-388-0199  
Website: [www.plattsburgh.edu/](http://www.plattsburgh.edu/)

*Assessment and evaluation of Alzheimer's Disease and other dementias, caregiver support groups; resource center; Third Age adult day care center, education and training, mood and memory clinic. Support groups in Saranac Lake and Ticonderoga.*

## **AID TO THE ELDERLY (cont.)**

### **Apple Valley Senior Housing Corp.**

1 Apple Valley Drive  
Peru, NY 12972  
Tel: 518-643-6766  
TDD: 800-662-1220  
Fax: 518-643-2258  
Email: avsh@charterinternet.com  
Website: www.applevalleysh.org

*The mission of Apple Valley is to provide a safe, functional, affordable, and pleasant residential setting for income-eligible seniors and disabled individuals of any age.*

### **Behavioral Health Services North, Inc.**

22 U.S. Oval, Suite 218  
Plattsburgh, NY 12901  
Tel: 518-563-8206  
Fax: 518-563-9958  
Website: www.bhsn.org

*Treatment programs for emotionally disturbed children and adults, elder care, respite and caregiver support services, domestic violence services.*

### **Diabetes Support Group**

Cornell Cooperative Extension  
3 Sisco Street, Suite 1  
P.O. Box 388  
Westport, New York 12996  
Tel: 518-962-4810 Ext: 411  
Website: <http://blogs.cce.cornell.edu/essex/>

*Supports for people with diabetes through communication and education.*

### **Essex County Mental Health Services**

7513 Court Street  
P.O. Box 8  
Elizabethtown, NY 12932  
Tel: 518-873-3670  
Fax: 518-873-3777  
Website: [www.co.essex.ny.us/MentalHealth.asp/](http://www.co.essex.ny.us/MentalHealth.asp/)

*The mission of Essex County Mental Health Services is to improve the emotional, behavioral, and psychological well-being of individuals through therapeutic partnerships with mental health professionals.*

## AID TO THE ELDERLY (cont.)

### **Essex County Patient Services**

132 Water Street

P.O. Box 217

Elizabethtown, NY 12932

Tel: 518-873-3500

Website: [www.co.essex.ny.us/PublicHealth/PublicHealth.asp/](http://www.co.essex.ny.us/PublicHealth/PublicHealth.asp/)

*Individual and family assessments; in-home skilled nursing, physical, speech and occupational therapy; blood pressure and flu immunization clinics.*

### **Essex County Office for the Aging**

132 Water Street

P.O. Box 217

Elizabethtown, NY 12932

Tel: 518-873-3695

Fax: 518-873-3784

Website: [www.co.essex.ny.us/OFA.asp/](http://www.co.essex.ny.us/OFA.asp/)

*Resource center, home delivered meals, congregate meal sites, nutrition information and referrals for a registered dietician, health insurance counseling, long-term care insurance education, case management; assistance with completing applications for Medicaid, food stamps, HEAP, and Social Security; medical transportation, caregiver support, volunteering opportunities, friendly visiting, telephone discount program, telephone reassurance program.*

### **Fort Hudson Nursing Home & Adult Day Care**

319 Broadway

Fort Edward, NY 12828

Tel: 518-747-2811 or 518-747-9019

Fax: 518-747-2740

Website: [www.forthudson.com](http://www.forthudson.com)

*Medical adult day care program and nursing home.*

### **High Peaks Hospice**

#### **Northern Office**

12 Tom Phelps Road

Mineville, NY 12956

Tel: 518-942-6513 or 800-639-8045

Fax: 518-942-6516

#### **Southern Office**

79 Glenwood Avenue

Queensbury, NY 12804

Tel: 518-743-1672 or 800-730-9477

Fax: 518-743-0544

## **AID TO THE ELDERLY (cont.)**

*High Peaks Hospice (cont.)*

### **Administrative Office**

309 County Rte. 47  
P.O. Box 840518-891-9631  
Website: [www.highpeakshospice.org](http://www.highpeakshospice.org)

*Focus on pain management and comfort care, skilled nursing, spiritual, psychological, emotional, physical care for terminally ill individuals and their families. Durable medical equipment and medications that are related to the diagnosis are provided.*

### **Holbrook's Adult Home**

73 North Street  
Granville, NY 12832  
Tel: 518-642-3476  
Fax: 518-642-3801

*Social Adult Day Care Program, long-term residency with 24-hour supervision, housekeeping, meals, laundry, activity program, case management.*

### **Housing Assistance Program of Essex County (HAPEC)**

103 Hand Avenue  
P.O. Box 157  
Elizabethtown, NY 12932  
Tel: 518-873-6888  
Fax: 518-873-9102  
Website: [www.adkhousing.org](http://www.adkhousing.org)

*Home-buying assistance, rent subsidy program, home repair, based on income-eligibility.*

### **Keeseville Country Gardens**

164 Hill Street  
Keeseville, NY 12944  
Tel: 518-834-7725  
Fax: 518-834-1500

*Subsidized senior living, handicap accessible.*

### **Lee House**

318 Main Street  
Port Henry, NY 12974  
Tel: 518-546-7605

*Housing for seniors or handicapped individuals 62 years and older.*

### **Mercy Care for the Adirondacks**

185 Old Military Road  
Lake Placid, NY 12946  
Tel: 518-523-5580  
Fax: 518-523-5449  
Website: [www.adkmercy.org](http://www.adkmercy.org)

*Mercy Care for the Adirondacks is a renewed mission of the Sisters of Mercy in the Adirondacks to extend love, friendship, and assistance including spiritual care to elders and infirm persons*

## **AID TO THE ELDERLY (cont.)**

### **Mercy Care for the Adirondacks (cont)**

*living in their own homes or other communities for independent living. It serves through volunteers, nursing program, and education and advocacy program.*

### **North Country Center for Independence**

80 Sharron Avenue  
Plattsburgh, NY 12901  
Tel: 518-563-9058  
Website: [www.ncci-online.com/](http://www.ncci-online.com/)

*Information and referral, peer counseling, advocacy, independent living skills training, radio reading service, accessibility consultation, assistive technology, benefits advisement, employment services, and long-term care information.*

### **North Country Conflict Resolution Services**

Town of North Elba Town Hall  
2693 Main Street, Suite 204  
Lake Placid, NY 12946  
Tel: 518-523-0102  
Fax: 518-523-0107  
Website: <http://rurallawcenter.org>

*Mediation, conciliation, arbitration, conflict resolution, workshops.*

### **North Country Home Services**

25 Church Street  
Saranac Lake, NY 12981  
Tel: 800-891-2641  
18 Montcalm Street, Suite 1  
Ticonderoga, NY 12883  
Tel: 800-639-1533 or 518-585-9820  
Website: [www.nchs.net](http://www.nchs.net)

*A home health care agency serving Northern New York. Services provided include home health care, lifeline, skilled nursing, and chore/companion services.*

### **Nutrition Program for the Elderly (ACAP)**

7572 Court Street  
Elizabethtown, NY 12932  
Tel: 518-873-6457  
Fax: 518-873-6845  
Website: [www.acapinc.org](http://www.acapinc.org)

*Home delivered meals, nutrition education, congregate meal sites*



## AID TO THE ELDERLY (cont.)

### Nutrition Sites:

AuSable Forks – 518-647-8173	Minerva – 518-251-2510
Crown Point – 518-597-3703	Moriah – 518-546-7941
Elizabethtown – 518-873-6457	Newcomb – 518-582-4798
Essex/Willsboro – 518-963-7022	Schroon Lake – 518-532-0179
Keeseville – 518-834-4689	St. Armand – 518-891-3189
Lake Placid – 518-837-2501	Ticonderoga – 518-585-7682
	Wilmington – 518-946-2922

### Retired Senior Volunteer Program (RSVP)

38 Park Place – Suite 3  
Port Henry, NY 12974  
Tel: 518-546-3565  
Fax: 518-546-3079

*A wide variety of volunteer opportunities for people 55 years and older, benefitting people of all ages in Essex County.*

### Senior Citizens Overlook

45 Main Street  
Bloomingdale, NY 12913  
Tel: 518-891-0536 or 518-891-2194

*Housing for senior citizen or people with disabilities.*

### Sunmount DDSO - Administrative Offices

2445 State Route 30  
Tupper Lake, NY 12986  
Tel: 518-359-2962  
Fax: 518-359-4491  
Website: [www.opwdd.ny.gov/](http://www.opwdd.ny.gov/)

*Part-time jobs for low-income seniors working with children with special needs.*

### The Arbors at Shelburne

687 Harbor Road  
Shelburne, VT 05482  
Tel: 1-802-985-8600  
Website: [www.benchmarkquality.com/](http://www.benchmarkquality.com/)

*Residential-care community for individuals with memory impairment, day and overnight respite care and family support.*

### The Greenwood

89 Greenwood Street  
Lake Placid, NY 12946  
Tel: 518-523-2462  
Fax: 518-523-3906

*Independent living apartments for seniors 62 or older or for people with disabilities.*

## ALCOHOL AND DRUG ABUSE

### **Alcoholics Anonymous (AA)**

3 Roosevelt Terrace  
Plattsburgh, New York 12901  
Tel: 518-561-8444  
Website: [www.aa.org](http://www.aa.org)

*AA is a collaboration of men and women who are willing to share their experiences and strengths, to overcome alcoholism, with one another. There are no dues or fees to become a member. Counseling and meetings are available.*

### **Alcoholics Anonymous (AA) - Elizabethtown and Tri-Lakes Area**

Meeting places vary; Call to request a meeting schedule.  
Tel: Local Hotline- 518-891-9035 or 800-281-1190  
Tel: National Office- 212-870-3400

*12-step self-help program. "Open" meetings for the public and professionals to learn about AA. "Closed" meetings are for alcoholics only. There are no dues or fees to become a member.*

### **Al-Anon/Alateen Family Groups**

Meeting places vary; Call to request an Alateen meeting schedule.  
Tel: Local Hotline- District 5: 518-561-0838  
Tel: National Hotline 888-4AL-ANON.  
Website: [www.al-anon.alateen.org](http://www.al-anon.alateen.org)

*12-step self-help program; "Open" meetings for the public and professionals to learn about Al-Anon/Alateen. "Closed" meetings are for families and friends of alcoholics. Alateen meetings are "closed" for youth only.*

### **Canton-Potsdam Alcohol Detoxification Unit**

50 LeRoy Street  
Potsdam, NY 13676  
Tel: 315-265-3300  
Website: [www.cphospital.org](http://www.cphospital.org)

*Assists individuals with a desire to stop drinking and willing to enter in a treatment program.*

### **Champlain Valley Family Center**

20 Ampersand Drive  
Plattsburgh, NY 12901  
Tel: 518-561-8480  
Fax: 518-566-6382  
Website: [www.cvfamilycenter.org](http://www.cvfamilycenter.org)

*Out-patient individual and family counseling for substance abuse problems, counseling, referral and community-based prevention.*

## **ALCOHOL AND DRUG ABUSE (cont.)**

### **Drug Rehab.com**

A web-based resource dedicated to the treatment of addiction, substance abuse, mental health issues, funded by Advanced Recovery Systems. ARS is a behavioral health-care management organization offering treatment centers and a 24-hour hotline: 855-703-2281.

Tel: 855-703-2281

Website: [www.drugrehab.com](http://www.drugrehab.com)

### **Essex County Community Services Board**

7513 Court Street

P.O. Box 8

Elizabethtown, NY 12932

518-873-3670

*Responsible for planning and development of services in areas of mental health, alcoholism, and substance abuse.*

### **Essex County Stop DWI/Youth Bureau**

7533 Court Street, P.O. Box 217

Elizabethtown, NY 12932

Tel: 518-873-3426

Fax: 518-873-3548

Website: [www.stopdwi.org](http://www.stopdwi.org)

*Information and education programs to combat drunken driving; services for youth.*

### **Hospitality House, Therapeutic Community, Inc.**

271 Central Avenue

Albany, NY 12201

Tel: 518-434-6468

Hotline: 518-378-1001

Website: [www.hospitalityhouse.org](http://www.hospitalityhouse.org)

*Long-term residential treatment facility for the homeless substance abuser aged 16-30.*

### **North Country Freedom Homes, Inc.**

25 Dies Street

Canton, NY 13617

Tel: 315-379-0139

Fax: 315-379-1004

Website: [www.ncfreedomhomes.org](http://www.ncfreedomhomes.org)

*Provides community, residential supportive living for adults in substance abuse recovery.*

### **Prevention Team of Essex County, Inc.**

173 Lord Howe Street

Ticonderoga, NY 12883

Tel: 518-585-7424

Fax: 518-585-7461

Website: [www.preventionteam.org](http://www.preventionteam.org)

*School- and community-based programs in substance abuse prevention.*

## ALCOHOL AND DRUG ABUSE (cont.)

### **St. Joseph's Addiction Treatment and Recovery Centers**

159 Glenwood Drive

P.O. Box 470

Saranac Lake, NY 12983

Admissions: 518-891-4135

**Inpatient:** Saranac Lake: 518-891-3950

**Outpatient:** Elizabethtown: 518-873-9144

Malone: 518-483-6566

Ticonderoga: 518-585-7934

Saranac Lake: 518-891-5353

Website: [www.stjoestreatment.org](http://www.stjoestreatment.org)

*Counseling for individuals with alcohol problems and chemical abuse and their families.*

#### **Clinic sites:**

Ticonderoga (518-585-7934)

Saranac Lake (518-891-5353)

### **St. Lawrence Addiction Treatment Center**

1 Chimney Point Drive

Hamilton Hall

Ogdensburg, NY 13669

Tel: 315-393-1180

Fax: 315-393-6160

Website: <http://www.oasas.ny.gov/>

*The St. Lawrence Addiction Treatment Center at Hamilton Hall is one of 13 in-patient addiction rehabilitation facilities operated and governed by the NYS Office of Alcoholism and Substance Abuse Services. It is located in Northern NY on the St. Lawrence River. The ATC provides addiction treatment services to New York's North Country, Lake Champlain and Saratoga Regions, and Capital District.*

## CHILDREN, YOUTH, AND FAMILY SERVICES

### **4-H Youth and Family Development Program**

Cornell Cooperative Extension  
3 Sisco Street  
PO Box 388  
Westport, New York 12993  
Tel: 518-962-4810 Ext: 407 or 416  
Website: <http://blogs.cce.cornell.edu/essex/>

*This program works with youths in 4-H club settings, in-school, after-school, and summer youth programs.*

### **Adirondack Community Action Program (ACAP) – Child and Family Services**

7572 Court Street  
P.O. Box 848  
Elizabethtown, NY 12932  
Tel: 518-873-3207 or 877-873-2979  
Website: [www.acapinc.org](http://www.acapinc.org)

*Advantage after-school program, child care, family development, Head Start, weatherization, emergency needs, and nutrition/meals.*

### **Adirondack Community Action Program (ACAP) – Head Start**

7572 Court Street  
P.O. Box 848  
Elizabethtown, NY 12932  
Tel: 518-873-3207  
Website: [www.acapinc.org](http://www.acapinc.org)

*Childhood development program focusing on the social, health, nutritional, educational and emotional needs of children. Children and their families participate in center and home based activities that promote their growth and well-being.*

#### **Sites are at the following areas:**

Lake Placid Head Start - 161 Hillcrest Avenue, Lake Placid, NY 12946  
518-523-0003

Mineville Head Start - CVES Building - Box 353, Mineville, NY 12956  
518-942-7509

Saranac Lake Head Start - 24 Depot Street, Saranac Lake, NY 12983  
518-891-4314

Ticonderoga Head Start - P.O. Box 148, Ticonderoga, NY 12883  
518-585-6300

AuSable Forks Head Start - P.O. Box 112, AuSable Forks, NY 12912  
518-647-8405

Elizabethtown/Lewis Head Start - P.O. Box 469, Lewis, NY 12950  
518-873-3288

*Acceptance in the program is determined by gross family income, child's age, residence, special needs, and family circumstances.*

## **CHILDREN, YOUTH, AND FAMILY SERVICES (cont.)**

### **Adirondack Community Action Program (ACAP) – Community Services Program**

7572 Court Street  
P.O. Box 848  
Elizabethtown, NY 12932  
Tel: 518-873-3207 or 877-873-2979  
Website: [www.acapinc.org](http://www.acapinc.org)

*Emergency Needs - Assists families in crisis/emergency situations to access services to meet their needs. Provides emergency food, utilities and homeless assistance when other funding is not available.*

### **Adirondack Community Action Program (ACAP) – Weatherization and Energy Services**

7572 Court Street  
P.O. Box 848  
Elizabethtown, NY 12932  
Tel: 518-873-3207  
Website: [www.acapinc.org](http://www.acapinc.org)

*Weatherization Assistance Program*

### **Adoption Services**

7551 Court St  
P.O. Box 217  
Elizabethtown, NY 12932  
Tel: 518-873-3422 or 518-873-3414  
Website: [www.co.essex.ny.gov/](http://www.co.essex.ny.gov/)

*Services to assist children in securing adoptive homes.*

### **Audiology Center/Fanny Allen (UVM Medical Center Audiology)**

790 College Parkway  
Colchester, VT 05446  
Tel: 802-847-3970

*Licensed audiologists provide diagnosis and treatment of hearing disorders, prescribe and fit hearing aids, and counsel regarding hearing loss.*

### **Behavioral Health Services North, Inc.**

22 U.S. Oval - Suite 218  
Plattsburgh, NY 12901  
Tel: 518-563-8206  
Website: [www.bhsn.org](http://www.bhsn.org)

*Treatment programs for emotionally disturbed children and adults, elder care, respite and caregiver support services, domestic violence services.*

## CHILDREN, YOUTH, AND FAMILY SERVICES (cont.)

### **Boy Scouts of America – Twin Rivers Council**

15 Pearl Street  
Glens Falls, NY 12801  
Tel: 518-792-5433  
Tel: 800-734-2721  
Website: <http://trcscouting.org>

*Scouting program for youths and young adults.*

### **Boy Scouts of America - Adirondack Council**

25 Margaret Street  
Plattsburgh, NY 12901  
Tel: 518-561-0360

*Scouting program for youths and young adults.*

### **Champlain Valley Educational Services (CVES)**

P.O. Box 455	3092 Plank Road
Plattsburgh, NY 12901	Mineville, New York 12956
Tel: 518-561-0100	Tel: 518-942-6691
Website: <a href="http://www.cves.org">www.cves.org</a>	

*Training and information for professionals and parents working with children with special needs.*

### **Child Protective Services**

Essex County Department of Social Services  
7551 Court Street  
P.O. Box 217  
Elizabethtown, NY 12932  
Tel: 518-873-3404 or 518-873-3421  
Website: [www.co.essex.ny.gov/](http://www.co.essex.ny.gov/)

*Investigation and assessment services to children, safeguarding the well-being of abused and neglected children, ensuring safety to the child, and preserving and stabilizing family whenever possible.*

### **Children's Service Program**

Essex County Department of Public Health  
132 Water Street  
Elizabethtown, NY 12932  
Tel: 518-873-3500  
Website: [www.co.essex.ny.gov/](http://www.co.essex.ny.gov/)

Children's Services provides three programs for children with either a developmental or diagnosed disability: early intervention for children up to age 3; a preschool program for children 3-5; and a program for children with special healthcare needs.

## **CHILDREN, YOUTH, AND FAMILY SERVICES (cont.)**

### **Cornell Cooperative Extension**

3 Sisco Street  
P.O. Box 388  
Westport, NY 12993  
Tel: 518-962-4810  
Website: <http://blogs.cce.cornell.edu/essex/>

*Educational organization for adults, adolescents, children.*

### **Day Care Services**

Essex County Department of Social Services  
7551 Court Street  
P.O. Box 217  
Elizabethtown, NY 12932  
Tel: 518-873-3885  
Website: [www.co.essex.ny.us/](http://www.co.essex.ny.us/)

*Subsidy for income eligible individuals who are paying for licensed day care.*

### **Diabetes Education Program**

Cornell Cooperative Extension  
3 Sisco Street, Suite 1, PO Box 388  
Westport, New York 12993  
Tel: 518-962-4810 Ext: 411  
Website: <http://blogs.cce.cornell.edu/essex/>

*Education and support for people with diabetes. Support groups also available.*

### **Franklin-Essex-Hamilton BOCES**

Adirondack Educational Services  
711 NYS Route 3  
Saranac Lake, NY 12983  
Tel: 518-891-1330  
Fax: 518-891-6043  
Website: [www.fehb.org](http://www.fehb.org)

*Career and technical programs, alternative education for grades 9 – 12.*

### **Eastern Adirondack Health Care Network**

101 Broad Street  
Sibley Hall, Room 323  
Plattsburgh, NY 12901  
Tel: 518-564-4322 or 800-388-0199  
Fax: 518-564-2328  
Website: [www.plattsburgh.edu](http://www.plattsburgh.edu)

*A coalition of agencies and organizations spanning Clinton, Essex, and Franklin Counties dedicated to improving the health, function, and quality of life of older adults.*



## **CHILDREN, YOUTH, AND FAMILY SERVICES (cont.)**

### **Eat Smart New York (ESNY)**

Cornell Cooperative Extension  
3 Sisco Street, Suite 1, P.O. Box 388  
Westport, New York 12993  
Tel: 518-962-4810 Ext: 407 or 412  
Website: <http://blogs.cce.cornell.edu/essex/>

*Free, confidential assistance to limited-income individuals, families; youth, teen, senior, and adult groups. This program promotes healthy, active lifestyles through nutrition education, food safety, money managing, and infant nutrition.*

### **Essex County Mental Health Services**

7513 Court Street  
P.O. Box 8  
Court Street  
Elizabethtown, NY 12932  
Tel: 518-873-3670  
Website: [www.co.essex.ny.us/MentalHealth.asp](http://www.co.essex.ny.us/MentalHealth.asp)

*The mission of Essex County Mental Health Services is to improve the emotional, behavioral, and psychological well-being of individuals through therapeutic partnerships with mental health professionals.*

### **Essex County Youth Bureau**

7533 Court Street  
P.O. Box 217  
Elizabethtown, NY 12932  
Tel: 518-873-3426  
Website: [www.co.essex.ny.us/YouthBureau.asp](http://www.co.essex.ny.us/YouthBureau.asp)

*Information, education, and services for the youth; sponsoring recreational programs at locations throughout the county.*

### **Families First in Essex County, Inc.**

196 Water Street  
P.O. Box 565  
Elizabethtown, NY 12932  
Tel: 518-873-9544  
Fax: 518-873-9570  
Website: [www.familiesfirstessexcounty.org/](http://www.familiesfirstessexcounty.org/)

*Provides support and services from a strengths-based perspective to families with children with emotional difficulties or mental health issues, support groups, respite program, free clothing, food shelf, household items.*

## CHILDREN, YOUTH, AND FAMILY SERVICES (cont.)

### **Foster Care Services for Children**

Essex County Department of Social Services  
7551 Court Street, P.O. Box 217  
Elizabethtown, NY 12932  
Tel: 518-873-3413 or 518-873-3422  
Website: [www.co.essex.ny.us/](http://www.co.essex.ny.us/)

*Foster care services to eligible children under the age of 18.*

### **Girl Scouts of Northeastern NY**

107 Hammond Lane, Suite 1  
Plattsburgh, NY 12901  
Tel: 518-563-1560 or 1-888-447-6369  
Fax: 518-563-5003  
Website: [www.gsneny.org](http://www.gsneny.org)

### **Girl Scouts of the Adirondack Council**

213 Meadowbrook Road  
Queensbury, NY 12804  
Tel: 518-792-0947  
Fax: 518-792-4310

*An informal educational program for girls age 5-7, serves Essex, Clinton, Franklin as well as small portions of Hamilton and St. Lawrence counties.*

### **John Tracy Clinic**

806 West Adams Blvd.  
Los Angeles, California 90007  
Tel: 213-748-5481  
Website: [www.jtc.org/](http://www.jtc.org/)

*Diagnostic and education center for parents of infants and preschoolers with hearing loss; publications, handouts, online classes available for long-distance learning.*

### **Learning Disabilities Association of New York State**

1190 Troy Schenectady Road  
Latham, NY 12110  
Tel: (518) 608-8992  
Fax: (518) 608-8993  
Website: [ldanys.org](http://ldanys.org)

*LDA of New York State is a nationally affiliated nonprofit parent/professional organization chartered in 1958 to promote the education and general welfare of individuals with learning disabilities. Members includes parents, educators, adults with learning disabilities, and professionals from a variety of related fields.*

## CHILDREN, YOUTH, AND FAMILY SERVICES (cont.)

### **Mental Health Association in Essex County, Inc.**

6096 NYS Route 9N  
Westport, NY 12993  
Tel: 518-962-2077  
Tel: 800-440-8074  
Fax: 518-962-8233  
Website: [www.mhainessexny.org](http://www.mhainessexny.org)

*A wide range of programs to facilitate the recovery of people who have experienced mental illness.*

### **MOMS Program**

Essex County Public Health Department  
132 Water Street  
P.O. Box 217  
Elizabethtown, NY 12932  
Tel: 518-873-3500  
Fax: 518-873-3539  
Website: [www.co.essex.ny.us/PublicHealth/PublicHealth.asp/](http://www.co.essex.ny.us/PublicHealth/PublicHealth.asp/)

*Pre- and post-birth health and parenting support to families.*

### **New York State Office for Children and Family Services**

52 Washington Street, Room 261  
Rensselaer, NY 12144-2796  
Tel: 518-473-7793  
Fax: 518-486-7550  
Website: [www.ocfs.ny.gov](http://www.ocfs.ny.gov)

*Integration of services for children, including adoption, foster care, child protective services, child welfare.*

### **North Country Conflict Resolution Services**

2693 Main Street, Suite 204  
Lake Placid, NY 12946  
Tel: 518-523-0102  
Fax: 518-523-0107  
Website: [www.rurallawcenter.org](http://www.rurallawcenter.org)

*Mediation, conciliation, arbitration, conflict resolution, and workshops.*

### **Northern Adirondack Planned Parenthood- Saranac Lake**

41 St. Bernard Street  
Saranac Lake, NY 12983  
Tel: 518-891-0046  
Website: [www.plannedparenthood.org](http://www.plannedparenthood.org)

*Reproductive health care, sex education, family planning information, sexual assault counseling.*

## CHILDREN, YOUTH, AND FAMILY SERVICES (cont.)

### **Parent Help**

41 Main Street  
P.O. Box 277  
New Paltz, NY 12561  
Tel: 800-426-5678 – Hotline  
Tel: 845-883-6060 – Administrative Office  
Website: [www.childfindofamerica.org/](http://www.childfindofamerica.org/)

*Assists parents with child support, conflict management, custody and visitation; legal assistance and mediation are available as options when appropriate. All services are free and confidential.*

### **Pre-School Program**

Champlain Valley Education Services (CVES)  
1585 Military Turnpike Extension  
PO Box 455  
Plattsburgh, New York 12901  
Tel: 518-561-0100  
Website: [www.cves.org](http://www.cves.org)

*This program is available for children ages 3-5.*

### **Preventive Services**

Essex County Department of Public Health  
132 Water Street  
Elizabethtown, NY 12932  
Tel: 518-873-3500  
Website: [www.co.essex.ny.us/](http://www.co.essex.ny.us/)

*Provides immunization clinics for communicable/infectious diseases, free rabies vaccination clinics for pets, rabies outreach and treatment for humans, STD/HIV/HCV screening and counseling (contracts with Planned Parenthood of the North Country for SDT testing – 800-230-7526)*

### **Shriners Hospital for Children**

Tel: 800-237-5055  
Tel: 514-842-4464 (Canada)  
Website: [www.shrinershospitalforchildren.org](http://www.shrinershospitalforchildren.org)

*Specializing in spinal cord injury, burn care, and cleft lip and palate, regardless of ability to pay; locations throughout the U.S. and Canada.*

### **Women, Infants and Children Food Program (WIC)**

Essex County Department of Public Health  
P.O. Box 217, 132 Water Street  
Elizabethtown, NY 12932  
Tel: 518-873-3560  
Website: [www.co.essex.ny.us/PublicHealth/PublicHealth.asp/](http://www.co.essex.ny.us/PublicHealth/PublicHealth.asp/)

*WIC offers nutrition education, breastfeeding support, referrals, and a variety of nutritious foods to low-income pregnant, breastfeeding, or postpartum women, infants, and children up to age 5 to promote and support good health.*

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## CLERGY

### **Adirondack Alliance Church**

72 Canaras Street  
Saranac Lake, NY 12983  
Tel: 518-891-1383  
Website: [www.adkalliance.org](http://www.adkalliance.org)

### **Adirondack Church of Nazarene**

22 Commons Way  
Lake Placid, NY 12946  
Tel: 518-523-1552

### **Adirondack Community Church**

2583 Main Street  
P.O. Box 511  
Lake Placid, NY 12946  
Tel: 518-523-3753  
Website: [www.adkcomchurch.org](http://www.adkcomchurch.org)

### **Assembly of God**

32 Water Street  
Ticonderoga, NY 12883  
Tel: 518-585-3554

### **AuSable Forks United Methodist Church**

2546 Route 9N  
Ausable Forks, NY 12912  
Tel: 518-647-8445

### **Calvary Baptist Church**

6065 NYS State Route 86  
Wilmington, NY 12997  
Tel: 518-946-2482

### **Catholic Communities of Holy Name and St. Matthews**

10 Church Lane  
P.O. Box 719  
AuSable Forks, NY 12912  
Tel: 518-647-8225  
Website: [www.churchoftheholynome.com](http://www.churchoftheholynome.com)

## CLERGY (cont.)

### **Church of St. Luke**

136 Main Street  
Saranac Lake, NY 12983  
Tel: 518-891-3605  
Website: [www.stlukessaranaclake.org](http://www.stlukessaranaclake.org)

### **Church of the Cross**

311 Champlain Avenue  
Ticonderoga, NY 12883  
Tel: 518-585-4032  
Website: [www.episcopalchurch.org](http://www.episcopalchurch.org)

### **Church of the Good Shepherd**

16 Williams Street  
P.O. Box 146  
Elizabethtown, NY 12932  
Tel: 518-873-2509  
Website: [www.etowngoodshepherd.org](http://www.etowngoodshepherd.org)

### **Church of the Nazarene**

Route 86  
Wilmington, NY 12997  
Tel: 518-946-7708  
Website: [www.wilmingtonnazarene.org](http://www.wilmingtonnazarene.org)

### **Congregational United Church of Christ**

12 Main Street  
Willsboro, NY 12996  
Tel: 518-963-4048

### **Cornerstone Alliance Church**

178 Montcalm Street  
Ticonderoga, NY 12883  
Tel: 518-585-6391  
Website: [www.ticornerstonealliance.com](http://www.ticornerstonealliance.com)

### **Essex Community Church**

2306 Lakeshore Road  
PO Box 293  
Essex, NY 12936  
Tel: 518-963-7766

## CLERGY (cont.)

### **First Presbyterian Church**

57 Church Street  
Saranac Lake, NY 12983  
Tel: 518-891-3401  
Website: [www.firstpresbyterianchurchs.org](http://www.firstpresbyterianchurchs.org)

### **High Peaks Church**

97 Will Rogers Drive  
Saranac Lake, NY 12983  
Tel: 518-891-3255  
Website: [www.highpeakschurch.org](http://www.highpeakschurch.org)

### **Holy Name / St. Matthew's**

10 Church Lane  
Ausable Forks, New York 12912  
Tel: 518-647-8225

### **Independent Baptist Church**

2030 Route 22  
Keeseville, NY 12944  
Tel: 518-834-9620  
Website: [www.lbck.org](http://www.lbck.org)

### **Jay Baptist Church**

P.O. Box 142  
NY State Route 9N  
Jay, NY 12941  
Tel: 518-946-2663

### **Keene United Methodist Church**

P.O. Box 15  
Keene, NY 12942  
Tel: 518-576-9809

### **Keene Valley Congregational Church**

Main Street, P.O. Box 27  
Keene Valley, NY 12943  
Tel: 518-576-4711  
Website: [www.kvvi.net/~kvcc](http://www.kvvi.net/~kvcc)

### **Lake Placid Baptist Church**

2253 Saranac Lane  
Lake Placid, NY 12946  
Tel: 518-523-2008



## CLERGY (cont.)

### **Lake Placid Synagogue**

2301 Saranac Avenue  
Lake Placid, NY 12946  
Tel: 518-523-3876  
Website: [www.lakeplacidsynagogue.org](http://www.lakeplacidsynagogue.org)

### **Lutheran Church of the Holy Trinity**

220 Ampersand Avenue  
P.O. Box 974  
Saranac Lake, NY 12983  
Tel: 518-891-1441

### **Mountainside Bible Chapel**

165 U.S. Rt. 9  
Schroon Lake, NY 12870  
Tel: 518-532-7128  
Website: [www.mountainsideny.com](http://www.mountainsideny.com)

### **New Hope Christian Fellowship**

42 Averyville Road  
Lake Placid, NY 12946  
Tel: 518-523-3652

### **Newcomb Methodist Church**

555 State Route 28N  
P.O. Box 311  
Newcomb, NY 12952  
Tel: 518-582-2421  
Website: [www.newcombny.com/newmethodistchurch.html](http://www.newcombny.com/newmethodistchurch.html)

### **Our Lady of Lourdes Church**

1114 Main Street  
PO Box 368  
Schroon Lake, NY 12870  
Tel: 518-532-7100  
Website: [www.ollsjc.grainofwheat.net/](http://www.ollsjc.grainofwheat.net/)

### **Pilgrim Holiness Church**

6059 Sentinel Road  
Lake Placid, NY 12946  
Tel: 518-523-2484

## CLERGY (cont.)

### **Sacred Heart Church**

2671 Main Street  
Crown Point, NY 12928  
Tel: 518-597-3924  
Website: [www.smsch.org](http://www.smsch.org)

### **Saranac Lake Baptist Church**

490 Broadway  
Saranac Lake, NY 12983  
Tel: 518-891-5473

### **Schroon Lake Community Church**

1088 U.S.Rte.9  
Schroon Lake, NY 12870  
Tel: 518-532-7770

### **Seventh Day Adventist Church**

44 St. Bernard Street  
Saranac Lake, NY 12983  
Tel: 518-891-6130

### **St. Agnes Catholic Church**

6 Hillcrest Avenue  
Lake Placid, NY 12946  
Tel: 518-523-2200

### **St. Bernard's Church**

27 St. Bernard Street  
Saranac Lake, NY 12983  
Tel: 518-891-4616  
Website: [www.stbernardssaranaclake.com](http://www.stbernardssaranaclake.com)

### **St. Brendan's Roman Catholic Church**

17 Church Street  
Keene, NY 12942  
Tel: 518-576-4434

### **St. Elizabeth's Catholic Church**

8434 NYS Rt. 9N Court Street  
Elizabethtown, NY 12932  
Tel: 518-873-6810  
Website: [www.csnepn.grainofwheat.net](http://www.csnepn.grainofwheat.net)

## CLERGY (cont.)

### **St. Eustace Episcopal Church**

44 Main Street  
Lake Placid, NY 12946  
Tel: 518-523-2564 or 518-523-3280  
Website: [www.steustace.org](http://www.steustace.org)

### **St. James Episcopal Church**

2545 Route 9N Main Street  
Ausable Forks, NY 12941  
Tel: 518-647-5506

### **St. John in the Wilderness**

63 River Street  
Saranac Lake, NY 12945  
518-891-2286

### **St. John's Episcopal Church**

4 Church Street  
Essex, NY 12936  
Tel: 518-963-7775  
Website: [www.stjohnsessexny.com](http://www.stjohnsessexny.com)

### **St. Patrick's Catholic Church**

12 St. Patrick Place  
Port Henry, New York 12974  
Tel: 518-546-7254

### **St. Paul's Roman Catholic Church**

1640 State Route 3  
P.O. Box 356  
Bloomingdale, NY 12913  
Tel: 518-891-3576

### **St. Philips Neri Church**

66 Pleasant Street  
Westport, NY 12993  
Tel: 518-962-8610

### **St. Phillip of Jesus Christ**

17 Main Street  
Willsboro, NY 12996  
518-963-4524

## CLERGY (cont.)

### **St. Therese's Catholic Church**

5 Adams Lane  
Newcomb, NY 12852  
Tel: 518-582-3671

### **The Good Shepherd Church of the Nazarene**

124 Hill Street  
Keeseville, NY 12944  
Tel: 518-834-9408

### **Trinity Chapel**

Old Military Road  
Lake Placid, New York 12946  
Tel: 518-523-8909

### **United Church of Christ**

7580 Court Street  
Elizabethtown, NY 12936  
Tel: 518-873-2191

### **United Methodist Church**

1699 Front Street  
Keeseville, NY 12944  
Tel: 518-834-7577

### **United Methodist Church**

63 Church Street  
Saranac Lake, New York 12983  
Tel: 518 293-7123

### **Westport Bible Church**

P. O. Box 2155  
24 Youngs Road  
Westport, NY 12993  
Tel: 518-962-8247  
Website: [www.westportbiblechurch.com](http://www.westportbiblechurch.com)

**CLERGY (cont.)**

**Westport Federated Church**

6486 Main Street  
Westport, NY 12993  
Tel: 518-962-8270

**Whiteface Community United Methodist Church**

1169 Haselton Road  
Wilmington, NY 12997  
Tel: 518-946-7757

**Willsboro United Methodist Church**

3734 Main Street  
Willsboro, NY 12996  
Tel: 518-963-7931

**NOTES**


## COUNSELING AND MENTAL HEALTH

### **Behavioral Health Services North, Inc.**

22 U.S. Oval, Suite 218

Plattsburgh, NY 12901

Tel: 518-563-8206

Fax: 518-563-9958

Website: [www.bhsn.org/](http://www.bhsn.org/)

*Treatment programs for emotionally disturbed children and adults, elder care, respite and caregiver support services, domestic violence services.*

### **Catholic Charities – Diocese of Ogdensburg**

43 Durkee Street

Plattsburgh, NY 12901

Tel: 518-561-0470

Website: [www.cathcharities.org/](http://www.cathcharities.org/)

*Marital, individual, and family counseling for anyone in need.*

### **Champlain Valley Family Center**

20 Ampersand Drive

Plattsburgh, NY 12901

Tel: 518-561-8480

Website: [www.cvfamilycenter.org/](http://www.cvfamilycenter.org/)

*Out-patient individual and family counseling for substance abuse problems, counseling, referral, and community-based prevention.*

### **Essex County Community Services Board**

7513 Court Street, P.O. Box 8

Elizabethtown, NY 12932

518-873-3670

*Responsible for planning and development of services in areas of mental health, mental retardation, alcoholism, and substance abuse.*

### **Essex County Mental Health Services**

7513 Court Street

P.O. Box 8

Elizabethtown, NY 12932

Tel: 518-873-3670

Fax: 518-873-3777

Website: [www.co.essex.ny.us/MentalHealth.asp/](http://www.co.essex.ny.us/MentalHealth.asp/)

*The mission of Essex County Mental Health Services is to improve the emotional, behavioral, and psychological well-being of individuals through therapeutic partnerships with mental health professionals.*

## **COUNSELING AND MENTAL HEALTH (cont.)**

### **Families First in Essex County, Inc.**

196 Water Street  
P.O. Box 565  
Elizabethtown, NY 12932  
Tel: 518-873-9544  
Fax: 518-873-9570  
Website: [www.familiesfirstessex.org/](http://www.familiesfirstessex.org/)

*Support and services from a strength-based perspective for families who have children with mental health issues, intensive case management, home and community-based waiver services, food shelf, household shelf, and resource library available.*

### **Mental Health Association in Essex County, Inc.**

6096 NYS Route 9N  
Westport, NY 12993  
Tel: 518-962-2077  
Tel: 800-440-8074  
Fax: 518-962-8233  
Website: [www.mhainessexny.org/](http://www.mhainessexny.org/)

*A wide range of programs to facilitate the recovery of people who have experienced mental illness.*

### **National Alliance on Mental Illness of Champlain Valley (NAMI-CV)**

14 Healey Avenue - Suite D  
Plattsburgh, NY 12901  
Tel: 518-561-2685  
Fax: 518-536-9898  
Website: [www.nami-cv.org/](http://www.nami-cv.org/)

*Advocacy and support for individuals, family and friends with mental illness; educational programs and support groups available.*

### **North Country Center for Independence**

80 Sharron Avenue  
Plattsburgh, NY 12901  
Tel: 518-563-9058  
Fax: 518-563-0292  
Website: [www.ncci-online.com/](http://www.ncci-online.com/)

*Information & referral, peer counseling, advocacy, independent living skills training, radio reading service, accessibility consultation, assistive technology, benefits advisement, employment services, and long term care information.*

## **COUNSELING AND MENTAL HEALTH (cont.)**

### **North Country Network of Care for Behavioral Health**

518-891-9460

[www.behaviorhealthnet.org](http://www.behaviorhealthnet.org)

*Online resource guide for websites of agencies providing behavioral health services.*

### **Northern Adirondack Planned Parenthood- Saranac Lake**

41 St. Bernard Street

Saranac Lake, NY 12983

Tel: 518-891-0046

Fax: 518-536-9067

Website: [www.plannedparenthood.org/](http://www.plannedparenthood.org/)

*Advocacy, medical, counseling, and educational services related to reproductive health, HIV/AIDS, STDs, and sexual assault services.*

### **Samaritan Family Counseling Services**

2841 NYS Route 73

P.O. Box 48

Keene, NY 12942

Tel: 518-576-4557

Fax: 518-576-9713

[www.samaritaninstitute.org/](http://www.samaritaninstitute.org/)

*Individual, couples, family and group counseling for all with mental health issues.*

### **Sexual Assault Services of Essex County**

15 Montcalm Street, Space #2

Ticonderoga, NY 12883

Tel: 518-984-0094

Fax: 201-304-0103

24 Hour Hotline – 1-877-212-2323

*Counseling on sexual assault issues and relationships over the age of 12, 24-hour hotline, crisis counseling, therapy, advocacy, information and referrals, prevention education/training.*

*Counseling for both the individual and family for individuals, Crime Victims Board claims.*



## **COUNSELING AND MENTAL HEALTH (cont.)**

### **St. Joseph's Addiction Treatment and Recovery Centers**

159 Glenwood Drive  
P.O. Box 470  
Saranac Lake, NY 12983  
Admissions: 518-891-4135  
**Inpatient:** 518-891-3950  
**Outpatient:** Elizabethtown: 518-873-9144  
Malone: 518-483-6566  
Saranac Lake: 518-891-5353  
Ticonderoga: 518-585-7934  
Website: [stjosephstreatment.org/](http://stjosephstreatment.org/)

*Inpatient Services- 58 bed residential treatment program offering variable lengths of stay for men and women. Outpatient services-assessments, evaluations, Individual, and group counseling, relapse prevention, family support, and referral services.*

### **St. Lawrence Addiction Treatment Center**

1 Chimney Point Drive  
Hamilton Hall  
Ogdensburg, NY 13669  
Tel: 315-393-1180  
Fax: 315-393-6160  
Website: [www.oasas.state.ny.gov](http://www.oasas.state.ny.gov)

*40-bed inpatient facility focusing on recovery planning and relapse prevention in the treatment of alcohol and substance abuse.*

### **St. Lawrence State Psychiatric Center**

1 Chimney Point Drive  
Ogdensburg, New York 13669  
Tel: 315-541-2001  
Fax: 315-541-2041

*Inpatient and outpatient residential facilities and clinic for adults and youth with serious mental or behavioral health problems, and substance abuse disorders. Sex offender treatment also available.*

### **Stop Domestic Violence**

6470 Main Street, Suite 2  
P.O. Box 97  
Westport, NY 12993  
Tel: 518-962-8949  
24-hour hotline: 866-563-6904

*Emergency shelter, counseling, education; crisis intervention and support groups; advocacy; community presentations.*

## EDUCATIONAL OPPORTUNITIES

### **4-H Youth and Family Development Program**

Cornell Cooperative Extension  
3 Sisco Street  
PO Box 388  
Westport, New York 12993  
Tel: 518-962-4810 Ext: 407 or 416  
Fax: 518-962-8241  
Website: <http://blogs.cce.cornell.edu/essex/>

*This program works with youths in 4-H club settings, in-school, after-school, and summer youth programs.*

### **ACAP - Child and Family Services**

7572 Court Street  
P.O. Box 848  
Elizabethtown, NY 12932  
Tel: 518-873-3207 or 1-877-873-2979  
Website: [www.acapinc.org/](http://www.acapinc.org/)

*Advantage After-School program, child care, family development, Head Start, weatherization, emergency needs, and nutrition/meals.*

### **ACAP - Employment & Training Programs**

103 Hand Avenue  
P.O. Box 607  
Elizabethtown, NY 12932  
Tel: 518-873-2341  
Website: [www.acapinc.org/](http://www.acapinc.org/)

*One Work Source Business and Employment Center: ACAP is the host partner of the one stop in Essex County which provides an accessible and seamless system to address the employment and training needs of job seekers, workers, and businesses.*

### **ACAP - Head Start**

7572 Court Street  
P.O. Box 848  
Elizabethtown, NY 12932  
Tel: 518-873-3207 or 1-877-873-2979  
Website: [www.acapinc.org/](http://www.acapinc.org/)

*Childhood development program focusing on the social, health, nutritional, educational and emotional needs of children. Children and their families participate in center and home based activities that promote their growth and well-being.*

## EDUCATIONAL OPPORTUNITIES (cont.)

### **Board of Cooperative Educational Services (BOCES)**

#### **Champlain Valley Educational Services (CVES)**

##### Malone Campus

P.O. Box 28  
Malone, NY 12953  
Tel: 518-483-6420

##### Mineville Campus

3092 Plank Road  
Mineville, NY 12956  
Tel: 518-942-6691

##### Plattsburgh Campus

P.O. Box 455  
Plattsburgh, NY 12901  
Tel: 518-561-0100  
Fax: 518-562-1471  
Website: [www.cves.org/](http://www.cves.org/)

**CV-TEC Programs:** *Building trades, natural resource management, allied health, cosmetology, auto technology, child care; special education programs, alternative Ed/GED prep.*

### **Bruce L. Crary Education Foundation**

8273 River Street  
Elizabethtown, NY 12932  
Tel: 518-873-6496  
Fax: 518-873-6870  
Website: [craryfoundation.org/](http://craryfoundation.org/)

*Higher education scholarship foundation.*

### **Clinton Community College**

136 Clinton Point Drive  
Plattsburgh, NY 12901  
Tel: 518-562-4200  
Website: [www.clinton.edu](http://www.clinton.edu)

*Clinton Community College provides a wide range of educational, career, and personal services through its extensive course and workshop offerings. Associates degree programs for matriculated students.*

### **Diabetes Education Program—Cornell Cooperative Extension**

3 Sisco Street, Suite 1  
PO Box 388  
Westport, New York 12993  
Tel: 518-962-4810 Ext: 411  
Website: <http://blogs.cce.cornell.edu/essex/>

*Education and support for people with diabetes. Support groups also available.*

## EDUCATIONAL OPPORTUNITIES (cont.)

### **Eastern Adirondack Health Care Network**

101 Broad Street  
Sibley Hall - Room 227  
Plattsburgh, NY 12901  
Tel: 518-564-4322 or 1-800-388-0199  
Fax: 518-564-2328  
Website: [www.eahen.org/](http://www.eahen.org/)

*The Eastern Adirondack Health Care Network is a coalition of agencies and organizations spanning Clinton, Essex, and Franklin Counties, dedicated to improving the health, function, and quality of life of older adults.*

### **Eat Smart New York (ESNY)**

Cornell Cooperative Extension  
3 Sisco Street - Suite 1  
PO Box 388  
Westport, New York 12993  
Tel: 518-962-4810 Ext: 407 or 412  
Website: <http://blogs.cce.cornell.edu/essex/>

*Free, confidential assistance to limited income individuals or families; youth, teen, senior, and adult groups; promotes healthy, active lifestyles through nutrition education, food safety, money managing, and infant nutrition.*

### **Elizabethtown Social Center**

7626 US Route 9, P.O. Box 205  
Elizabethtown, NY 12932  
Tel: 518-873-6408  
Website: [www.elizabethtownsocialcenter.org/](http://www.elizabethtownsocialcenter.org/)

*Community center, classes, and recreational activities for teens and adults.*

### **Job and Education Information Center**

Clinton-Essex-Franklin Library System  
33 Oak Street  
Plattsburgh, New York 12901  
Tel: 518-563-5190  
Website: [www.cefls.org/](http://www.cefls.org/)

*Provides career, education, and employment information.*

## **EDUCATIONAL OPPORTUNITIES (cont.)**

### **Literacy Volunteers of Essex/Franklin Counties**

193 River Street  
Saranac Lake, NY 12983  
Tel: 518-891-5567

3259 Broad Street  
Port Henry, NY 12974  
Tel: 518-546-3008

24 Fourth Street, Suite 5  
Malone, NY 12953  
Tel: 518-483-9366  
Website: [www.literacyef.com/](http://www.literacyef.com/)

*Tutoring program to help adults with reading, writing, math, GED, ESL.*

### **National Alliance on Mental Illness of Champlain Valley (NAMI)**

14 Healey Avenue - Suite D  
Plattsburgh, NY 12901  
Tel: 518-561-2685  
Fax: 518-536-9898  
Website: [www.nami-cv.org/](http://www.nami-cv.org/)

*Advocacy, education, and support for individuals with mental illness and their friends and families.*

### **National PTA Headquarters**

1250 N. Pitt Street  
Alexandria, VA 22314  
Tel: 703-518-1200  
Fax: 703-836-0942  
Website: [www.pta.org/](http://www.pta.org/)

*Promotes national and local programs and projects for parents/teachers in education, health, and safety.*

### **NY State Office of Children and Family Services -**

#### **Commission for the Blind**

40 North Pearl Street, 10th Floor  
Albany, NY 12210  
Tel: 518-474-6812 or 518-473-167 or 1-866-871-3000  
TDD: 518-473-1698  
Saranac Outstation: 518-359-7936

*Vocational rehabilitation and other direct services for children, adults, and the elderly, with the goals of economic self-sufficiency and full integration into society.*

### **New York State Department of Labor**

68 Dorsey Street  
Saranac Lake, NY 12983  
Tel: 518-891-0527  
Website: [www.labor.ny.gov/](http://www.labor.ny.gov/)

## EDUCATIONAL OPPORTUNITIES (cont.)

### **New York State Department of Labor**

194 U.S. Oval  
Plattsburgh, NY 12901  
Tel: 518-561-0430  
Website: [www.labor.ny.gov/](http://www.labor.ny.gov/)

*For individuals seeking employment & employers seeking employees.*

### **New York State Higher Education Services Corporation (HESC)**

1 Commerce Plaza  
99 Washington Avenue  
Albany, New York 12255  
Tel: 888-691-4372  
Website: <http://www.hesc.ny.gov/>

*Work study and student loans to anyone interested in attending college, business, or vocational school. Tuition Assistance Program.*

### **North Country Association for the Visually Impaired (NCAVI)**

22 US Oval, Suite B-15  
Plattsburgh, NY 12903  
Tel: 518-563-2330  
Fax: 518-562-2331  
Website: [www.ncavi.org/](http://www.ncavi.org/)

*Provides independent-living skills training and adaptive equipment, resources within the community for people with vision loss. If you or someone you know is living with vision loss, NCAVI can help.*

### **North Country Community College**

Saranac Lake Campus 23 Santanoni Avenue Saranac Lake, NY 12983 Tel: 518-891-2915	Ticonderoga Campus 11 Hawkeye Trail Ticonderoga, NY 12883 Tel: 518-585-4454
Malone Campus 61 William Street Malone, NY 12953 518-483-4550 Website: <a href="http://nccc.edu/">http://nccc.edu/</a>	

*Offering a variety of course studies and degree programs for individuals interested in higher education, adult education, and training.*

### **Office of Vocational Rehabilitation**

209 West Main Street  
Malone, New York 12953  
Tel: 518-483-3530 or 800-882-2803  
Fax: 518-483-3552  
Website: [www.acces.nysed.gov/](http://www.acces.nysed.gov/)

*A division of NYSED, OVR assists individuals with disabilities to achieve independent living and maintain employment through training, rehabilitation, and career development.*



## FINANCIAL ASSISTANCE

### **Adirondack Community Action Program (ACAP) – Community Services Program**

7572 Court Street  
P.O. Box 848  
Elizabethtown, NY 12932  
Tel: 518-873-3207  
Website: [www.acapinc.org/](http://www.acapinc.org/)

*Emergency Needs - Assists families in crisis/emergency situations to access services to meet their needs. Provides emergency food, utilities, and rent assistance when other funding is not available.*

### **HeartShare Human Services – Warren/Hamilton Counties**

Community Action Agency  
190 Maple Street  
Glens Falls, NY 12801  
Tel: 518-793-0636  
Fax: 518-793-2910  
Main Tel: 855-852-2736  
Website: [www.heartshare.org/](http://www.heartshare.org/)

*Financial assistance with fuel costs and weatherization for elderly, disabled, and low-income individuals who are HEAP eligible.*

### **Consumer Credit Counseling Services**

5794 Widewaters Parkway, 2nd floor  
Syracuse, NY 13214  
Tel: 1-800-479-6026  
Website: [www.credithelpny.org/](http://www.credithelpny.org/)

*Certified Counselors provide free and confidential counseling to assist in solutions to budgeting, credit and debt problems. Debt repayment programs are available to assist clients if appropriate. We also provide housing counseling, pre-filing bankruptcy counseling, pre-discharge bankruptcy education and credit report services.*

### **Day Care Services**

Essex County Department of Social Services  
7551 Court Street  
P.O. Box 217  
Elizabethtown, NY 12932  
Tel: 518-873-3431  
Website: [www.co.essex.ny.us/](http://www.co.essex.ny.us/)

*Subsidy for income-eligible individuals who are paying for licensed day care.*



## **FINANCIAL ASSISTANCE (cont.)**

### **Food Stamp/Heating Fuel Program (SNAP/HEAP)**

Essex County Department of Social Services  
7551 Court Street  
P.O. Box 217  
Elizabethtown, NY 12932  
Tel: 518-873-3470 or 518-873-3446  
Website: <http://www.co.essex.ny.us/>

*Supplemental Nutrition Services Assistance Program for income-eligible individuals and families; and heating fuel assistance program for the same.*

### **Medicaid Program**

Essex County Department of Social Services  
7551 Court Street  
P.O. Box 217  
Elizabethtown, NY 12932  
Tel: 518-873-3450  
Website: [www.co.essex.ny.us/](http://www.co.essex.ny.us/)

*Assistance program for income-eligible individuals/families or the elderly who are unable to pay for medical care.*

### **National Foundation for Credit Counseling**

2000 M Street NW, #505  
Washington, DC  
Tel: 1-800-388-2227  
Website: [www.nfcc.org/](http://www.nfcc.org/)

*Nonprofit national organization of credit counseling agencies providing free comprehensive money management services.*

### **TAP/PEL – Federal Student Aid Information Center**

Tel: 319-337-5665 (PEL)  
Tel: 518-474-5642 (TAP)  
Tel: 800-433-3243

Website: [www.studentaid.ed.gov/](http://www.studentaid.ed.gov/)

### **Public Assistance Program**

Essex County Department of Social Services  
P.O. Box 217  
Elizabethtown, NY 12932  
Tel: 518-873-3470  
Fax: 518-873-3472  
Website: [www.co.essex.ny.us/](http://www.co.essex.ny.us/)

*Aid to dependent children and cash relief allowance programs for temporary relief to families and individuals.*



## FUNERAL HOMES

- Fortune-Keough Funeral Home** 518-891-3613  
20 Church Street  
Saranac Lake, NY 12983  
Website: [www.fortunekeoughfuneralhome.com/](http://www.fortunekeoughfuneralhome.com/)
- Hamilton Funeral Home** 518-834-7667  
PO Box 406  
124 Clinton Street  
Keeseville, NY 12944  
Website: [www.hamiltonfuneralhome.com/](http://www.hamiltonfuneralhome.com/)
- Harland Funeral Home** 518-546-7033  
4279 Main Street  
Port Henry, NY 12974  
Website: [www.harlandfuneralhome.com/](http://www.harlandfuneralhome.com/)
- Edward L. Kelly Funeral Home** 518-532-7177  
PO Box 548, 1019 Rt. 9  
Schroon Lake, NY 12870  
Website: [www.kellyfuneralhome.net/](http://www.kellyfuneralhome.net/)
- Marvin/Heald Funeral Home** 518-873-6713  
7521 Court Street  
Elizabethtown, NY 12936  
Website: [www.healdfuneralhomeinc.com/](http://www.healdfuneralhomeinc.com/)
- M.B. Clark Funeral Home** 518-523-3337  
2310 Saranac Avenue  
Lake Placid, NY 12946  
[www.mbclarkfuneralhome.com/](http://www.mbclarkfuneralhome.com/)
- Wilcox & Regan Funeral Home** 518-585-7323  
3 Algonquin Street  
Ticonderoga, NY 12883  
Website: [wilcoxandreganfuneralhome.com/](http://wilcoxandreganfuneralhome.com/)
- Thwaits Zaumetzer Funeral Home** 518-647-8177  
3 College Street  
Ausable Forks, NY 12912  
Website: [www.tzfunerals.com/](http://www.tzfunerals.com/)

## HEALTH CARE INFORMATION AND SUPPORT

### **Alliance for Positive Health (formerly AIDS Council of Northeastern NY)**

202 Cornelia Street, Suite D  
Plattsburgh, NY 12901  
Tel: 518-563-2437 or 800-201-2437  
Fax: 518-563-3620  
Website: [www.allianceforpositivehealth.org/](http://www.allianceforpositivehealth.org/)

*Case management for people with HIV/AIDS. HIV test counseling. Risk reduction and prevention programs for people at risk.*

### **Alzheimer's Association – Northeastern New York Chapter**

4 Pine West Plaza, Suite 405, Washington Avenue Ext.  
Albany, NY 12205  
Tel: 518-867-4999, 800-272-3900  
Fax: 518-867-4997  
Website: [www.alz.org/northeasternny](http://www.alz.org/northeasternny)

*Education and support to people with Alzheimer's and their caregivers, care consultations with family members, community and professional education programs, support groups, Safe Return Program, advocacy for federal funding for research.*

### **Alzheimer's Disease Assistance Center**

101 Broad Street, Room 227 Sibley Hall  
Plattsburgh, NY 12901  
Tel: 518-564-3377  
Website: [www.plattsburgh.edu/](http://www.plattsburgh.edu/)

*Assessment and evaluation of Alzheimer's Disease and other dementias, caregiver support groups, resource center; Third Age Adult Day Care Center, education and training, mood and memory clinic.*

### **American Cancer Society – Capitol Region**

1 Penny Lane  
Latham, NY 12110  
Tel: 518-220-6901  
Website: <http://www.cancer.org/>

*Information and assistance to cancer patients and their families.*

## HEALTH CARE INFORMATION AND SUPPORT (cont.)

### **American Diabetes Association**

Pine West Plaza Bldg. 2  
Washington Avenue Extension  
Albany, New York 12205  
Tel: 518-4218-1755  
Fax: 518-218-0114  
Website: [www.diabetes.org/](http://www.diabetes.org/)

*Public and professional education and support programs, the nation's leading nonprofit health organization providing diabetes research, information and advocacy.*

### **American Heart Association**

440 New Karner Road  
Albany, NY 12205  
Tel: 518-869-1961  
Website: [www.heart.org/](http://www.heart.org/)

110 Main Street #203  
Burlington, VT 05401  
Tel: 802-878-7700

### **American Red Cross - North Country Chapter**

**North Country Chapter**  
26 Emory Street  
Morrisonville, NY 12962  
Tel: 518-561-7280  
Tel: 518-561-3370 (After Hours)  
Fax: 518-566-7110  
Website: [www.northcountryredcross.org/](http://www.northcountryredcross.org/)

**Northeastern Chapter**  
74 Warren Street  
Glens Falls, NY 12801  
Tel: 518-792-6545  
Fax: 518-792-8586

*Services for individuals and families before, during, or after a disaster. Health and safety training, CPR, first aid, lifeguard, water safety, disaster preparedness training, lifeline (PERS), Armed Forces Emergency Services.*

### **Brain Injury Association of New York State**

10 Colvin Avenue  
Albany, NY 12206  
Tel: 518-459-7911  
Tel: 800-444-6443  
Fax: 518-482-5285  
Website: <http://www.bianys.org/>

*Advocacy, support, and services to individuals with brain injury and families of brain-injured individuals.*

### **Cancer Screening Program of Franklin and Essex Counties**

Essex County Department of Public Health  
132 Water Street  
Elizabethtown, NY 12901  
Tel: 518-873-3520  
Tel: 877-275-6266  
Website: <http://co.essex.ny.us/>

*Provides annual breast, cervical and colorectal cancer screening to women and men 40 years and older that are without health insurance.*

## **HEALTH CARE INFORMATION AND SUPPORT (cont.)**

### **Cerebral Palsy Association of the North Country**

380 County Rte 51 (Creighton Road)  
Malone, NY 12953  
Tel: 518-483-1076  
Fax: 518-483-1039  
Website: [www.cpnorthcountry.org/](http://www.cpnorthcountry.org/)

*Advocacy and home service programs to individuals with a developmental disability with a special commitment to low income and the medically underserved.*

### **Coordinated Care Unit**

Essex County Department of Social Services  
132 Water Street  
P.O. Box 217  
Elizabethtown, NY 12901  
Tel: 518-873-3550  
Website: [www.co.essex.ny.us/](http://www.co.essex.ny.us/)

*Services to individuals with home care related needs. Individuals must have Medicaid.*

### **CVPH Rehabilitation and Wellness**

295 New York Road  
Plattsburgh, NY 12903  
Tel: 518-324-2024  
Website: [www.cvph.org/](http://www.cvph.org/)

*Physical, speech, and occupational therapy, audiological services.*

### **Essex County Certified Home Health Agency (CHHA)**

Essex County Public Health Department  
132 Water Street  
P.O. Box 217  
Elizabethtown, NY 12932  
Tel: 518-873-3500  
Website: [www.co.essex.ny.us/](http://www.co.essex.ny.us/)

*Direct care to patients, in-home skilled nursing; physical, occupational therapy; home health aide. Referral must come from a physician.*

### **High Peaks Hospice**

12 Tom Phelps Road  
Mineville, NY 12956  
Tel: 518-942-6513  
Fax: 518-942-6516  
Website: [www.highpeakshospice.org/](http://www.highpeakshospice.org/)

Admin Office, P.O. Box 840  
Saranac Lake, NY 12983  
Tel: 518-891-9631  
Fax: 518-891-5379

*Physical, psychological, social, and spiritual care for dying individuals and their families, pain management and comfort care.*

## HEALTH CARE INFORMATION AND SUPPORT (cont.)

### **HIV-AIDS AIDS Institute**

#### **NYS Department of Health**

Tel: 1-800-962-5065 – Confidential hotline

Tel: 1-800-541-AIDS – General Information

Website: [www.health.state.ny.us/diseases/aids/](http://www.health.state.ny.us/diseases/aids/)

*Provides screening, blood testing, support services for HIV, AIDS, STDs, Hepatitis C.*

### **HIV-AIDS Program – Essex County**

Essex County Public Health Department

132 Water Street

P.O. Box 217

Elizabethtown, NY 12932

Tel: 518-873-3511

Tel: 1-800-797-5772

Website: [www.co.essex.ny.us/](http://www.co.essex.ny.us/)

*Provides confidential counseling and blood testing for HIV, AIDS, STDs, Hepatitis C.*

### **Learning Disabilities Association of New York State**

1190 Troy Schenectady Road

Latham, NY 12110

Tel: 518-608-8992

Fax: 518-608-8993

Website: [www.ldanys.org/](http://www.ldanys.org/)

*Individual case advocacy, community education, information and referral for people with learning disabilities and related neurological impairments.*

### **Medicaid Program**

Essex County Department of Social Services

7551 Court Street

P.O. Box 217

Elizabethtown, NY 12932

Tel: 518-873-3450

Website: [www.co.essex.ny.us/](http://www.co.essex.ny.us/)

### **Multiple Sclerosis Society**

#### **Albany Branch**

421 New Karner Road, Suite 6

Albany, New York 12205

Tel: 800-344-4867

Fax: 518-464-1232

Website: [www.nationalmssociety.org](http://www.nationalmssociety.org)

*Advocacy, support, programs, services, financial information, public information.*

#### **National Upstate NY Chapter**

1000 Elmwood Avenue, Suite 900

Rochester, NY 14620

Tel: 585-271-0801

Fax: 585-442-2817

## HEALTH CARE INFORMATION AND SUPPORT (cont.)

### **Muscular Dystrophy Association**

1 Marcus Blvd. #203

Albany, NY 12205

Tel: 518-489-5495

Tel: 800-862-6424

Website: [www.mda.org/](http://www.mda.org/)

Advocacy, educational resources, support groups, caregiver resources.

### **National Alliance on Mental Illness of Champlain Valley (NAMI)**

14 Healey Avenue - Suite D

Plattsburgh, NY 12901

Tel: 518-561-2685

Fax: 518-536-9898

Website: [www.nami-cv.org/](http://www.nami-cv.org/)

*Advocacy, support, education for individuals with brain disorders, including mental illness and emotional/behavioral disorders, and support their families.*

### **North Country Home Services**

25 Church Street

Saranac Lake, NY 12981

Tel: 518-891-2641

Tel: 800-273-2641

21 McKinley Avenue

Plattsburgh, NY 12908

518-566-0183

18 Montcalm Street, Suite 1

Ticonderoga, NY 12883

Tel: 518-585-9820

Tel: 800-639-1533

Website: [www.nchs.net](http://www.nchs.net)

*A home health care agency serving Northern NY. Services provided include home health care, lifeline, skilled nursing, and chore/companion services.*

### **Northern Adirondack Planned Parenthood - Saranac Lake**

41 St. Bernard Street

Saranac Lake, NY 12983

Tel: 518-891-0046

Fax: 518-536-9067

Website: [www.plannedparenthood.org/](http://www.plannedparenthood.org/)

*Medical, counseling, and educational services related to reproductive health, HIV and STD testing, women's healthcare, and sexual assault services.*





## HOSPITALS, CLINICS, AND NURSING HOMES

### **Adirondack Manor**

653 Bay Road, Queensbury, NY 12804  
Tel: 518-761-0176  
Fax: 518-761-0338  
Website: [www.adirondackmanor.com/](http://www.adirondackmanor.com/)  
Assisted living adult care facility.

### **Adirondack Medical Center**

2233 St. Route 86  
P.O. Box 471  
Saranac Lake, NY 12983  
Tel: 518-891-4141  
Website: [www.adirondackhealth.org/](http://www.adirondackhealth.org/)  
Comprehensive healthcare, clinics, includes 24-hour emergency care.

### **Adirondack Health – Uihlein Living Center**

185 Old Military Road  
Lake Placid, NY 12946  
Tel: 518-523-2464  
Fax: 518-523-8690  
Website: [www.adirondackhealth.org/](http://www.adirondackhealth.org/)  
*Uihlein Living Center is a 156-bed skilled nursing and rehabilitation center that provides both short- and long-term care.*

### **Adirondack Health – Mercy Living Center**

114 Wawbeek Avenue  
Tupper Lake, NY 12986  
Tel: 518-359-3355  
Website: [www.adirondackhealth.org/](http://www.adirondackhealth.org/)  
*Adirondack Medical Center - Mercy is a 60-bed skilled nursing and rehabilitation center and provides both short- term and long-term care.*

### **Adirondack Tri-County Nursing and Rehabilitation Center**

112 Ski Bowl Road  
North Creek, NY 12853  
Tel: 518-251-2447  
Fax: 518-251-4207  
Website: [www.adirondacknursing.com/](http://www.adirondacknursing.com/)  
Short-term rehabilitation, adult day care, 82-bed skilled nursing long-term care facility.

## **HOSPITALS, CLINICS, AND NURSING HOMES (cont.)**

### **Alice Center Skilled Nursing Facility**

45 Sixth Street  
Malone, NY 12953  
Tel: 518-481-8000  
Website: [www.alicehyde.com/](http://www.alicehyde.com/)

Long-term and short-term care facility with 135 skilled-nursing beds and 30 assisted-living beds.

### **Alice Hyde Medical Center (UVM)**

133 Park Street  
Malone, NY 12953  
Tel: 518-483-3000  
Website: [www.alicehyde.com/](http://www.alicehyde.com/)

Full spectrum of healthcare services, including primary & preventive care, surgical, and emergency care services.

### **Alzheimer's Disease Assistance Center**

101 Broad Street #227  
SUNY Plattsburgh  
Plattsburgh, NY 12901  
Tel: 518-564-3377  
Website: [www.plattsburgh.edu](http://www.plattsburgh.edu)

*Assessment and evaluation of Alzheimer's Disease and other dementias, caregiver support groups, resource center, Third Age adult day care center; education and training, mood and memory care. Support Groups in Saranac Lake and Ticonderoga.*

### **Champlain Valley Physicians Hospital (UVM-CVPH)**

75 Beekman Street  
Plattsburgh, NY 12901  
Tel: 518-561-2000  
Website: [www.cvph.org](http://www.cvph.org)

### **Clinton County Nursing Home**

16 Flynn Avenue  
Plattsburgh, NY 12901  
Tel: 518-563-0950  
Fax: 518-563-1060  
Website: [www.clintoncountygov.com/](http://www.clintoncountygov.com/)

Medicare and Medicaid certified, 80-bed skilled nursing facility operated by Clinton County.

## HOSPITALS, CLINICS, AND NURSING HOMES (cont.)

### **Elizabethtown Health Center**

66 Park Street  
P.O. Box 277  
Elizabethtown, NY 12932  
Tel: 518-873-6896  
Fax: 518-873-6578  
Website: [www.ech.org/](http://www.ech.org/)

### **Elizabethtown Community Hospital**

75 Park Street  
P.O. Box 277  
Elizabethtown, NY 12932  
Tel: 518-873-6377  
Website: [www.ech.org/](http://www.ech.org/)

### **Essex Center**

81 Park Street  
Elizabethtown, NY 12932  
Tel: 518-873-3570

*Skilled Nursing Facility. Rehab services available, PT, OT, and Speech Therapy.*

### **Evergreen Valley Nursing Home**

8 Bushey Blvd.  
Plattsburgh, NY 12901  
Tel: 518-563-3261  
Fax: 518-563-3294  
Website: [www.evergreenvalleynh.com](http://www.evergreenvalleynh.com)

Long-term care, skilled nursing facility. Adult day care services available Monday - Friday.

### **Fort Hudson Nursing Home & Adult Day Care**

319 Broadway  
Fort Edward, New York 12828  
Tel: 518-747-2811  
Fax: 518-747-2740  
Website: [www.forthudson.com/](http://www.forthudson.com/)

*Skilled nursing facility, adult day care, and short-term rehabilitation.*

## HOSPITALS, CLINICS, AND NURSING HOMES (cont.)

### **Fletcher Allen Health Care Center (UVM Medical Center)**

111 Colchester Avenue  
Burlington, VT 05401  
Tel: 802-847-0000  
Tel: 800-358-1144  
Website: [www.uvmhealth.org/](http://www.uvmhealth.org/)

### **Glens Falls Hospital**

100 Park Street  
Glens Falls, NY 12801  
Tel: 518-926-1000  
Website: [www.glensfallshospital.org/](http://www.glensfallshospital.org/)

### **Heritage Commons Residential Health Care (Inter-Lakes Health)**

1019 Wicker Street  
Ticonderoga, NY 12883  
Tel: 518-585-3940  
Website: [www.interlakeshealth.com/](http://www.interlakeshealth.com/)

*84-bed skilled nursing facility. Rehabilitation therapy including speech, occupational, and physical therapy*

### **High Peaks Health Center**

7 Community Circle  
Wilmington, NY 12997  
Tel: 518-946-1111  
Website: [www.ech.org/](http://www.ech.org/)

### **Highland Nursing Home**

182 Highland Road  
Massena, NY 13662  
Tel: 315-769-9956  
Fax: 315-769-9955  
Website: [www.highlandnursinghome.com/](http://www.highlandnursinghome.com/)

*Skilled nursing care; rehabilitation services (OT, PT, Speech), social services; activities; dental services; resident council; family council; Alzheimer's support group.*

### **Holbrook's Adult Home**

73 North Street  
Granville, NY 12832  
Tel: 518-642-3476

*Adult day care program, long-term care for the elderly and the developmentally disabled; case management.*

## HOSPITALS, CLINICS, AND NURSING HOMES (cont.)

### **Hudson Headwaters Health Network**

9 Carey Road  
P.O. Box 357  
Queensbury, NY, 12804  
Tel: 518-761-0300  
Website: [www.hhhn.org/](http://www.hhhn.org/)

Primary, specialty, and urgent care; HIV/AIDS screening.

### **Indian River Nursing Home**

17 Madison Street  
Granville, NY 12832  
Tel: 518-642-2710  
Website: [www.indianriverrehab.com/](http://www.indianriverrehab.com/)

*Skilled nursing facility.*

### **Lake Placid Health Center**

29 Church Street  
Lake Placid, NY 12946  
Tel: 518-523-1717  
Fax: 518-523-8343  
Website: [www.adirondackhealth.org/](http://www.adirondackhealth.org/)

### **Meadowbrook Healthcare**

154 Prospect Avenue  
Plattsburgh, NY 12901  
Tel: 518-563-5440  
Tel: 800-954-6680  
Website: [www.meadowbrookhealth.com/](http://www.meadowbrookhealth.com/)

*200-bed skilled nursing facility, short-term rehabilitation, social services.*

### **Montcalm Manor**

45 Montcalm Street  
Ticonderoga, NY 12883  
Tel: 518-585-6230  
Website: [www.adirondackmanor.com/](http://www.adirondackmanor.com/)

Long-term adult residential facility.

### **Moriah Health Center**

33 Tom Phelps Lane  
P.O. Box 480  
Mineville, New York 12956  
Tel: 518-942-7123  
Fax: 518-942-7041  
Website: [www.hhhn.org/](http://www.hhhn.org/)

Comprehensive primary and specialty health care services for children, adults, and families.

## HOSPITALS, CLINICS, AND NURSING HOMES (cont.)

### **Moses-Ludington Hospital (Inter-Lakes Health)**

1019 Wicker Street  
Ticonderoga, NY 12883  
Tel: 518-585-2831  
Website: [www.interlakeshealth.com/](http://www.interlakeshealth.com/)

*24-hour emergency room; radiology; labs; specialty clinics; rehabilitation (inpatient and outpatient).*

### **Mountain Health Center**

2841 NYS Route 73  
P.O. Box 205  
Keene, NY 12942  
Tel: 518-576-9771  
Fax: 518-576-2077  
Website: [www.adirondackhealth.org/](http://www.adirondackhealth.org/)

### **Mountain Medical Services Urgent Care - Lake Placid**

1927 Saranac Avenue  
Lake Placid, NY 12946  
Tel: 518-523-7575  
Fax: 518-523-7577  
Website: [www.mountainmedical.net /](http://www.mountainmedical.net/)

### **Newcomb Health Center**

4 Santanoni Drive  
Newcomb, NY 12952  
Tel: 518-582-2991  
Fax: 518-582-2040

### **New York State Department of Health**

41 St. Bernard Street  
Saranac Lake, NY 12983  
Tel: 518-891-1800  
Website: [www.health.ny.gov/](http://www.health.ny.gov/)

### **Porter Medical Center**

115 Porter Drive  
Middlebury, VT 05753  
Tel: 802-388-4701  
Website: [www.portermedical.org/](http://www.portermedical.org/)

## HOSPITALS, CLINICS, AND NURSING HOMES (cont.)

### **Schroon Lake Health Center**

24 Fairfield Avenue  
P.O. Box 292  
Schroon Lake, NY 12870  
Tel: 518-532-7120  
Fax: 518-532-0593  
Website: [www.hhhn.org/](http://www.hhhn.org/)

### **Shriners Hospitals for Children**

Tel: 800-237-5055 (U.S.)  
Tel: 800-361-7256 (Canada)  
Website: [www.shrinershospitalsforchildren/](http://www.shrinershospitalsforchildren/)

*Orthopedics, spinal cord injury, burn care, and cleft lip and palate, regardless of family's ability to pay.*

### **Smith House Health Center**

39 Farrell Road  
Willsboro, NY 12996  
Tel: 518-963-4275  
Fax: 518-963-8862  
Website: [www.ech.org/](http://www.ech.org/)

*Primary health care, physical therapy, nutrition, and lab services.*

### **St. Joseph's Home**

950 Linden Street  
Ogdensburg, NY 13669  
Tel: 315-393-3780  
Website: [www.stjh.org/](http://www.stjh.org/)

*Skilled nursing facility for long-term residential care, respite care, and social day care.*

### **St. Regis Nursing Home**

89 Grove Street  
Massena, NY 13662-2615  
Tel: 315-769-2494  
Fax: 315-769-3604  
Website: [www.stregisnh.com/](http://www.stregisnh.com/)

*Skilled nursing facility for long-term residential care, physical, occupational, and speech therapy, respite care, hospice.*

### **Stratton VA Medical Center (Albany)**

113 Holland Avenue  
Albany, NY 12208  
Tel: 518-626-5000 or 800-223-4810  
Website: [www.albany.va.gov/](http://www.albany.va.gov/)



## HOSPITALS, CLINICS, AND NURSING HOMES (cont.)

### **The Arbors at Shelburne**

687 Harbor Road  
Shelburne, VT 05482  
Tel: 802-985-8600  
Website: [www.benchmarkquality.com/](http://www.benchmarkquality.com/)

*Skilled nursing facility, memory care, respite care and family support group.*

### **The Orchard Nursing & Rehabilitation Centre**

10421 NY State Rte 40  
Granville, NY 12832  
Tel: 518-642-2346  
Website: [www.orchardcaring.com/](http://www.orchardcaring.com/)

*Skilled nursing facility, physical, occupational, and speech therapy, short-term and long-term rehabilitation.*

### **Samuel F. Vilas Home**

61 Beekman Street  
Plattsburgh, NY 12901  
Tel: 518-563-4960  
Fax: 518-562-9442  
Website: [www.vilashome.org/](http://www.vilashome.org/)

*Senior residential facility with private personalized rooms, 24-hour supervision, full amenities and services, assistance with ADLs, management services.*

### **Ticonderoga Health Center**

102 Race Track Road  
Ticonderoga, NY 12883  
Tel: 518-585-6708  
Fax: 518-585-3260  
Website: [www.hhhn.org/](http://www.hhhn.org/)

*Comprehensive primary care for adults, pediatrics, podiatry, mental health, labs, cancer screenings, specialty clinics.*

### **Westport Health Center**

6097 NYS Rte. 9N  
Westport, NY 12993  
Tel: 518-962-2313  
Fax: 518-962-2006  
Website: [www.ech.org/](http://www.ech.org/)

## HOUSING AND ENERGY

### **Adirondack Community Action Program (ACAP) – Weatherization and Energy Services**

7572 Court Street  
P.O. Box 848  
Elizabethtown, NY 12932  
Tel: 518-873-3207  
Website: [www.acapinc.org/](http://www.acapinc.org/)

*Weatherization Program*

### **Care and Share – HeartShare**

190 Maple Street  
Glens Falls, NY 12801  
Tel: 518-793-0636  
Fax: 518-793-2910  
Website: [www.heartshare.org/](http://www.heartshare.org/)

*Financial assistance in cooperation with National Grid for emergency fuel costs and weatherization for elderly, disabled, or income-eligible individuals.*

### **Home Energy Assistance Program (HEAP)**

Essex County Department of Social Services  
7551 Court Street  
P.O. Box 217  
Elizabethtown, NY 12932  
Tel: 518-873-6888  
Website: [www.co.essex.ny.us/](http://www.co.essex.ny.us/)

*Heating fuel program for the elderly and income-eligible individuals or households in need of heating assistance.*

### **Housing Assistance Program of Essex County (HAPEC)**

103 Hand Avenue - P.O. Box 157  
Elizabethtown, NY 12932  
Tel: 518-873-6888  
Fax: 518-873-9102  
Website: [www.adkhousing.org/](http://www.adkhousing.org/)

*Rent subsidy program; home repair; home buying assistance; multifamily housing; home counseling; fair housing information.*

### **U.S. Department of Agriculture Rural Development – NYS Eastern Region**

2530 New York 40  
Greenwich, NY 12834  
Tel: 518-692-9940 ext. 4  
Website: [www.rd.usda.gov/](http://www.rd.usda.gov/)

*Loans, grants; programs to promote economic development; technical assistance.*

## IN-HOME SERVICES

### **Adirondack Community Action Program (ACAP) - Aging Services**

7572 Court Street, P.O. Box 848  
Elizabethtown, NY 12932  
Tel: 518-873-3207 or 1-877-873-2979  
Website: [www.acapinc.org/](http://www.acapinc.org/)

*Nutrition program for the elderly, nutritious meals, social activities, and information for seniors 60 and over at 13 sites throughout the county. Provides home delivered meals and a daily contact to homebound elderly.*

### **Behavioral Health Services North, Inc.**

22 U.S. Oval, Suite 218  
Plattsburgh, NY 12901  
Tel: 518-563-8206  
Fax: 518-563-9958  
Website: [www.bhsn.org/](http://www.bhsn.org/)

*Treatment programs for emotionally disturbed children and adults, elder care, respite and caregiver support services; domestic violence services.*

### **Coordinated Care Unit**

Essex County Department of Social Services  
132 Water Street  
P.O. Box 217  
Elizabethtown, NY 12901  
Tel: 518-873-3550  
Website: [www.co.essex.ny.us/](http://www.co.essex.ny.us/)

*Services to Medicaid-covered individuals with any home-care related needs.*

### **Early Childhood Intervention Program**

Mountain Lakes Services  
10 St. Patrick's Place  
PO Box 194  
Port Henry, NY 12974  
Tel: 518-546-3381  
Website: [www.mountainlakeservices.org/](http://www.mountainlakeservices.org/)

### **Essex County Certified Home Health Agency (CHHA)**

Essex County Public Health Department  
132 Water Street  
P.O. Box 217  
Elizabethtown, NY 12932  
Tel: 518-873-3500  
Website: [www.co.essex.ny.us/](http://www.co.essex.ny.us/)

*Direct care to patients, in-home skilled nursing; physical, occupational therapy; home health aide. Referral must come from a physician.*

## IN-HOME SERVICES (cont.)

### **Essex County Office for the Aging**

132 Water Street  
P.O. Box 217  
Elizabethtown, NY 12932  
Tel: 518-873-3695  
Fax: 518-873-3784  
Website: [www.co.essex.ny.us/ofa.asp/](http://www.co.essex.ny.us/ofa.asp/)

*Resource center, nutrition information and referrals for a registered dietician, home delivered meals, health insurance counseling; long-term care insurance education; case management, assistance with completing applications for HEAP, Medicaid, food stamps, social security; medical transportation; caregiver support; home repair; volunteering opportunities; friendly visiting, telephone reassurance program.*

### **Families First in Essex County, Inc.**

196 Water Street  
P.O. Box 565  
Elizabethtown, NY 12932  
Tel: 518-873-9544  
Fax: 518-873-9570  
Website: [www.familiesfirstessex.org/](http://www.familiesfirstessex.org/)

*Provides support and services from a strengths-based perspective to families with children with emotional difficulties or mental health issues, support groups, respite program. Free clothing, food shelf, and household items.*

### **Fort Hudson Home Care, Inc.**

319 Broadway  
Fort Edward, NY 12828  
Tel: 518-747-9019  
Tel: 518-747-2811  
Website: [www.forthudson.com/](http://www.forthudson.com/)

*Senior day care, in-home companion program, rehabilitation, skilled nursing facility.*

### **High Peaks Hospice**

#### **Northern Office**

12 Tom Phelps Road  
Mineville, NY 12956  
Tel: 518-942-6513 or 1-800-639-8045  
Fax: 518-942-6516

#### **Southern Office**

79 Glenwood Avenue  
Queensbury, NY 12804  
Tel: 518-743-1672 or 1-800-730-9477  
Fax: 518-743-0544

## IN-HOME SERVICES (cont.)

### **High Peaks Hospice (cont.)**

#### **Administrative Office**

309 County Rte. 47

P.O. Box 840

518-891-9631

Website: [www.highpeakshospice.org/](http://www.highpeakshospice.org/)

*Focus on pain management and comfort care, skilled nursing, spiritual, psychological, emotional, physical care for terminally ill individuals and their families. Durable medical equipment and medications that are related to the diagnosis are provided.*

### **North Country Center for Independence**

80 Sharron Avenue

Plattsburgh, NY 12901

Tel: 518-563-9058

Fax: 518-563-0292

Website: [www.ncci-online.com](http://www.ncci-online.com)

*Information & referral, peer counseling, advocacy, independent living skills training, Radio Reading Service, accessibility consultation, assistive technology, benefits advisement, employment services, and long term care information.*

### **North Country Home Services**

25 Church Street

Saranac Lake, NY 12981

Tel: 800-273-2641

Tel: 518-891-2641

18 Montcalm Street, Suite 1

Ticonderoga, NY 12883

Tel: 800-639-1533

Tel: 518-585-9820

Website: <http://www.nchs.net/>

*A home health care agency serving Northern NY. Services provided include home health care, lifeline, skilled nursing, and chore/companion services.*

## INFORMATION AND REFERRAL

### **Adirondack Community Action Program (ACAP) - Aging Services**

7572 Court Street, P.O. Box 848  
Elizabethtown, NY 12932  
Tel: 518-873-3207 or 1-877-873-2979  
Website: [www.acapinc.org/](http://www.acapinc.org/)

*Nutrition program for the elderly to provide nutritious meals, social activities, and information for seniors 60 and over at 13 sites throughout the county. Provides home delivered meals and a daily contact to homebound elderly.*

### **Adirondack Community Action Program (ACAP) – Employment & Training Programs**

103 Hand Avenue  
P.O. Box 607  
Elizabethtown, NY 12932  
Tel: 518-873-2341  
Website: [www.acapinc.org/](http://www.acapinc.org/)

*One Work Source Business and Employment Center: ACAP is the host partner of the one stop in Essex County to provide an accessible and seamless system to address the employment and training needs of job seekers, workers, and businesses.*

### **Adirondack Community Action Program (ACAP) – Head Start**

7572 Court Street  
P.O. Box 848  
Elizabethtown, NY 12932  
Tel: 518-873-3207 or 877-873-2979  
Website: [www.acapinc.org/](http://www.acapinc.org/)

*Childhood development program focusing on the social, health, nutritional, educational and emotional needs of children. Children and their families participate in center- and home-based activities that promote their growth and well-being.*

### **Adirondack Community Action Program (ACAP) – Community Services Program**

7572 Court Street  
P.O. Box 848  
Elizabethtown, NY 12932  
Tel: 518-873-3207  
Website: [www.acapinc.org/](http://www.acapinc.org/)

*Emergency Needs - Assists families in crisis/emergency situations to access services to meet their needs. Provides emergency food, utilities and homeless assistance when other funding is not available.*

### **Adirondack Community Action Program (ACAP) – Weatherization and Energy Services**

7572 Court Street  
P.O. Box 848  
Elizabethtown, NY 12932  
Tel: 518-873-3207  
Website: [www.acapinc.org/](http://www.acapinc.org/)

## INFORMATION AND REFERRAL (cont.)

### **Alzheimer's Disease Assistance Center**

227 Sibley Hall - SUNY Plattsburgh  
Plattsburgh, NY 12901  
Tel: 518-564-3377  
Website: [www.plattsburgh.edu/](http://www.plattsburgh.edu/)

*Assessment and evaluation of Alzheimer's Disease and other dementias; caregiver support groups; resource center; Third Age adult day care center; education, training; mood and memory clinic. Support groups in Saranac Lake and Ticonderoga.*

### **Behavioral Health Services North, Inc.**

22 U.S. Oval, Suite 218  
Plattsburgh, NY 12901  
Tel: 518-563-8206  
Fax: 518-563-9958  
Website: [www.bhsn.org/](http://www.bhsn.org/)

*Treatment programs for emotionally disturbed children and adults, elder care, respite and caregiver support services, domestic violence services.*

### **Cancer Screening Program of Franklin and Essex Counties**

Cornell Cooperative Extension  
3 Sisco Street, Suite 1  
PO Box 388  
Westport, NY 12993  
Tel: 518-962-4810 Ext: 415  
Tel: 877-275-6266  
Website: <http://blogs.cce.cornell.edu/essex/>

*Provides annual breast, cervical and colorectal cancer screening to women 40 years and older and colorectal cancer screening to men 50 years and older whom are without health insurance.*

### **Cornell Cooperative Extension (CCE) – Advantage After-School Program**

Cornell Cooperative Extension  
3 Sisco Street, Suite 1  
PO Box 388  
Westport, New York 12993  
Tel: 518-962-4810 Ext: 406 or 407  
Website: <http://blogs.cce.cornell.edu/essex/>

*The CCE Advantage After-School Programs are located in Ausable and Keeseville Elementary Schools as well as Keene Valley Central School. Youths in grades kindergarten through sixth are eligible to attend. Financial assistance is available upon request/review of need.*

## INFORMATION AND REFERRAL (cont.)

### **Cornell Cooperative Extension (CCE) – Energy Efficiency and Financial Management Workshops**

Cornell Cooperative Extension  
3 Sisco Street, Suite 1  
PO Box 388  
Westport, New York 12993  
Tel: 518-962-4810 Ext: 405  
Website: <http://blogs.cce.cornell.edu/essex/>

*Explore the many ways to reduce your energy bills through no-cost/low-cost energy actions. Learn about community resources that may assist you in reaching your financial goals.*

### **Coordinated Care Unit**

Essex County Department of Social Services  
132 Water Street  
P.O. Box 217  
Elizabethtown, NY 12901  
Tel: 518-873-3550  
Website: [www.co.essex.ny.us/](http://www.co.essex.ny.us/)

*Services to individuals with home-care related needs Medicaid-eligible individuals.*

### **Diabetes Education Program**

Cornell Cooperative Extension  
3 Sisco Street, Suite 1  
PO Box 388  
Westport, New York 12993  
Tel: 518-962-4810 Ext: 411  
Website: <http://blogs.cce.cornell.edu/essex/>

*Education and support for people with diabetes. Support groups also available.*

### **Eat Smart New York (ESNY)**

Cornell Cooperative Extension  
3 Sisco Street, Suite 1  
PO Box 388  
Westport, New York 12993  
Tel: 518-962-4810 Ext: 407 or 412  
Website: <http://blogs.cce.cornell.edu/essex/>

*Free, confidential assistance to limited-income individuals or families; youth, teen, senior, and adult groups. This program promotes healthy, active lifestyles through nutrition education, food safety, money managing, and infant nutrition.*



## INFORMATION AND REFERRAL (cont.)

### **Essex County Mental Health Services**

7513 Court Street  
P.O. Box 8  
Elizabethtown, NY 12932  
Tel: 518-873-3670  
Website: [www.co.essex.ny.us/MentalHealth.asp/](http://www.co.essex.ny.us/MentalHealth.asp/)

*Individual and group therapy sessions for adults, children, and adolescents experiencing mental health problems.*

### **Families First in Essex County, Inc.**

196 Water Street  
P.O. Box 565  
Elizabethtown, NY 12932  
Tel: 518-873-9544  
Website: [www.familiesfirstinessexcounty.org](http://www.familiesfirstinessexcounty.org)

*Provides support and services from a strengths-based perspective to families with children with emotional difficulties or mental health issues, support groups, respite program, free clothing, household items, food shelf.*

### **Local Ombudsman Program**

North Country Center for Independence  
80 Sharron Avenue  
Plattsburgh, NY 12901  
Tel: 518-563-9058  
Fax: 518-563-0292

*Patient's rights advocate for residents of long-term care facilities.*

### **Mental Health Association in Essex County, Inc.**

6096 NYS Route 9N  
Westport, NY 12993  
Tel: 518-962-2077  
Tel: 800-440-8074  
Fax: 518-962-8233  
Website: [www.mhainessexny.org](http://www.mhainessexny.org)

*A wide range of programs to facilitate the recovery of people who have experienced mental illness.*

### **Northern Adirondack Planned Parenthood- Saranac Lake**

41 St. Bernard Street  
Saranac Lake, NY 12983  
Tel: 518-891-0046  
Website: [www.plannedparenthood.org/](http://www.plannedparenthood.org/)

*Medical, counseling, and educational services related to reproductive health care, HIV/AIDS and STDs, sex education, sexual assault.*

## **INFORMATION AND REFERRAL (cont.)**

### **National Alliance on Mental Illness of Champlain Valley (NAMI)**

14 Healey Avenue, Suite D  
Plattsburgh, NY 12901  
Tel: 518-561-2685  
Website: [www.nami-cv.org/](http://www.nami-cv.org/)

*Support and advocacy for individuals with mental illness and their families and friends.*

### **North Country Center for Independence**

80 Sharron Avenue, Plattsburgh, NY 12901  
Tel: 518-563-9058  
Fax: 518-563-0292  
Website: [www.ncci-online.com/](http://www.ncci-online.com/)

*Information & referral, peer counseling, advocacy, independent living skills training, radio reading service, accessibility consultation, assistive technology, benefits advisement, employment services, and long term-care information.*

### **North Country Conflict Resolution Services**

Town of North Elba Town Hall  
2693 Main Street, Suite 204, Lake Placid, NY 12946  
Tel: 518-523-0102  
Fax: 518-523-0107  
Website: <http://rurallawcenter.org/>

*Mediation, conciliation, arbitration, conflict resolution, and workshops.*

### **North Country Home Services**

25 Church Street  
Saranac Lake, NY 12981  
Tel: 800-273-2641  
Fax: 518-891-2641

18 Montcalm Street, Suite 1  
Ticonderoga, NY 12883  
Tel: 800-639-1533  
Fax: 518-585-9820  
Website: [www.nchs.net/](http://www.nchs.net/)

*A home health care agency serving Northern NY. Services provided include home health care, lifeline, skilled nursing, and chore/companion services.*

### **Sexual Assault Services of Essex County**

15 Montcalm Street, Suite 2  
Ticonderoga, NY 12883  
Tel: 518-984-0094  
Fax: 201-304-0103  
24 Hour Hotline –866-307-4086

*Counseling on sexual assault issues and relationships over the age of 12, 24-hour hotline, crisis counseling, therapy, advocacy, information and referrals, prevention education/training, Crime Victims Review Board claims. Services are provided no matter when the assault occurred.*

## LEGAL SERVICES AND LAW ENFORCEMENT

### **Essex County District Attorney**

7551 Court Street  
P.O. Box 217  
Elizabethtown, NY 12932  
Tel: 518-873-3335  
Website: [www.co.essex.ny.us/da.asp/](http://www.co.essex.ny.us/da.asp/)

### **Essex County Office for the Aging**

P.O. Box 217  
132 Water Street  
Elizabethtown, NY 12932  
Tel: 518-873-3695  
Fax: 518-873-3784  
Website: [www.co.essex.ny.us/ofa.asp/](http://www.co.essex.ny.us/ofa.asp/)

*Confidential legal services for people age 60 and older. Contributions to Office for the Aging are tax deductible.*

### **Essex County Probation Department**

7551 Court Street  
P.O. Box 217  
Elizabethtown, NY 12932  
Tel: 518-873-3650  
Website: <http://dpca.state.ny.us/>

### **Essex County Sheriff's Office**

702 Stowersville Road  
P.O. Box 68  
Lewis, NY 12950  
Tel: 518-873-6902  
Website: [www.co.essex.ny.us/](http://www.co.essex.ny.us/)

### **Lawyer Referral and Information Service (LRIS)**

One Elk Street  
Albany, NY 12207  
Tel: 1-800-342-3661  
Website: [www.nysba.org/](http://www.nysba.org/)

*The New York State Bar Association's Lawyer Referral and Information Service (LRIS) was established to help anyone find the right lawyer or resource for legal problems.*



## LOCAL POLICE

### **Essex County Sheriff's Office**

P.O. Box 68  
702 Stowersville Road  
Lewis, New York 12950  
Tel: 518-873-6902  
Website: [www.co.essex.ny.us/](http://www.co.essex.ny.us/)

### **Lake Placid**

301 Main Street  
Lake Placid, NY 12946  
Tel: 518-523-3306  
Website: [www.lakeplacidpd.com/](http://www.lakeplacidpd.com/)

### **Moriah**

Park Place  
Moriah, NY 12960  
Tel: 518-546-7286

### **Saranac Lake**

2 Main Street  
Saranac Lake, NY 12983  
Tel: 518-891-4422  
Website: [www.saranaclakeny.gov/](http://www.saranaclakeny.gov/)

### **Ticonderoga**

135 Burgoyne Road  
Ticonderoga, NY 12883  
Tel: 518-585-3456  
Website: [www.ticonderogapolice.org/](http://www.ticonderogapolice.org/)

## NOTES


## ESSEX COUNTY EMERGENCY NUMBERS

AuSable Forks	911	(Enhanced) Clinton County Dispatch
Bloomington	891-	2211/Franklin County 911
Chesterfield	911	(Enhanced) Clinton County Dispatch
Chilson	911	Essex County Dispatch
Crown Point	911	Essex County Dispatch
Elizabethtown	911	Essex County Dispatch
Essex	911	Essex County Dispatch
Jay	911	Essex County Dispatch
Keene	911	Essex County Dispatch
Keene Valley	911	Essex County Dispatch
Lewis	911	Essex County Dispatch
Minerva	911	Essex County Dispatch
Mineville	911	Essex County Dispatch
Moriah	911	Essex County Dispatch
Newcomb	911	Essex County Dispatch
North Elba	911	Essex County Dispatch
Port Henry	911	Essex County Dispatch
Saranac Lake	891-	4422 (Village Police Department)
St. Armand	911	Essex County Dispatch
Schroon Lake	911	Essex County Dispatch
Ticonderoga	911	Essex County Dispatch
Westport	911	Essex County Dispatch
Whallonsburg	911	Essex County Dispatch
Willsboro	911	Essex County Dispatch
Wilmington	911	Essex County Dispatch

## INTELLECTUAL AND DEVELOPMENTAL DISABILITIES

**Board of Cooperative Educational Services**  
**Champlain Valley Educational Services (CVES)**  
**Special Education Division**

Malone Campus  
P.O. Box 28  
Malone, NY 12953  
Tel: 518-483-6420

Mineville Campus  
P.O. Box B, Plank Road  
Mineville, NY 12956  
Tel: 518-942-6691  
Fax: 518-942-3368

Plattsburgh Campus  
P.O. Box 455  
Plattsburgh, NY 12901  
Tel: 518-561-0100  
Website: [www.cves.org/](http://www.cves.org/)

**Center for Disability Services**

314 South Manning Blvd.  
Albany, New York 12208  
Tel: 518-489-8336  
Website: [www.cfdsny.org/](http://www.cfdsny.org/)

**Cerebral Palsy Association of the North Country**

35180 County Rte 51, (Creighton Road)  
Malone, New York 12953  
Tel: 518-483-0109  
Fax: 518-483-1039  
Website: [www.cpnorthcountry.org/](http://www.cpnorthcountry.org/)

*Provides community living options and family services to people with developmental disabilities.*

**Client Assistance Program**

Resource Center for Independent Living  
409 Columbia Street  
PO Box 210  
Utica, New York 13502  
Tel: 315-797-4642  
Fax: 315-797-4747  
Website: [www.rcil.com/](http://www.rcil.com/)

*Support, education, and advocacy for people with disabilities to ensure that choices for independent living are respected.*

## INTELLECTUAL AND DEVELOPMENTAL DISABILITIES (cont.)

### **Clover Patch Camp**

55 Helping Hand Lane  
Glenville, NY 12302  
Tel: 518-384-3042  
Fax: 518-384-3001  
Website: [www.cloverpatchcamp.org/](http://www.cloverpatchcamp.org/)

*Clover Patch Camp serves as a residential summer camp for children and adults with developmental disabilities. Operated by the Center for Disability Services, the camp also serves as a respite for families, providing a fully accessible facility (including an accessible therapeutic swimming pool) with trained staff.*

### **Essex Industries**

17 Pelfershire Road  
Mineville, New York 12956  
Tel: 518-942-6671  
Website: [www.essexindustries.com/](http://www.essexindustries.com/)

*Vocational training, supported and competitive community based placement and sheltered employment for physically and developmentally disabled.*

### **Mountain Lake Services**

10 St. Patrick's Place  
Port Henry, NY 12974  
Tel: 518-546-3381  
Website: [www.mountainlakeservice.org/](http://www.mountainlakeservice.org/)

*Residential/vocational/day programs, services for developmentally disabled adults and children.*

### **New York State Office for People with Developmental Disabilities**

44 Holland Avenue  
Albany, New York 12229  
Tel: 866-9469733  
TTY – 866-933-4889  
Website: [www.opwdd.ny.gov/](http://www.opwdd.ny.gov/)

*In-patient services for the severely disabled, outpatient evaluations, assistance getting services for children and adults with developmental disabilities or who are physically or neurologically handicapped.*

### **North Country Center for Independence**

102 Sharron Avenue  
Plattsburgh, NY 12901  
Tel: 518-563-9058  
Website: [www.ncci-online.com/](http://www.ncci-online.com/)

*Information & referral, peer counseling, advocacy, independent living skills training, radio reading service, accessibility consultation, assistive technology, benefits advisement, employment services, and long term care information.*



## INTELLECTUAL AND DEVELOPMENTAL DISABILITIES (cont.)

### **North Star Industries (Citizen Advocates, Inc.)**

33 Petrova Avenue  
Saranac Lake, NY 12983  
Tel: 518-891-2590  
Website: [www.citizenadvocates.net/](http://www.citizenadvocates.net/)

*Work center programs, individualized job training for developmentally disabled individuals transitioning into community living.*

### **Sunmount DDSO - Plattsburgh**

159 Margaret Street – Suite 104  
Plattsburgh, NY 12901  
Tel: 518-561-8190 ext. 207  
Website: [www.opwdd.ny.gov/](http://www.opwdd.ny.gov/)

*Serving people in Essex and Clinton counties who are intellectually disabled, have cerebral palsy, epilepsy, neurological impairment, autism, or other developmental disabilities.*

### **Sunmount DDSO - Administrative Offices**

2445 State Route 30  
Tupper Lake, NY  
Tel: 518-359-2962  
Fax: 518-359-4491  
Website: [www.opwdd.ny.gov/](http://www.opwdd.ny.gov/)

*Sunmount Developmental Disabilities Services Office (DDSO) serves the six northern New York counties: Franklin, Essex, Clinton, Hamilton, Jefferson and St. Lawrence. In partnership with the local government units and non-profit private sector agencies, Sunmount DDSO is involved with the planning, development, funding, technical support, quality assurance and direct operations of a wide variety of community-based residential, day and at home support services.*

## PHARMACIES

### **Feek Pharmacy**

2534 Rt. 9N  
Au Sable Forks, NY 12912  
Tel: 518-647-8484

### **Keeseville Pharmacy**

1730 Front Street  
Keeseville, NY 12944  
Tel: 518-834-6090

### **Moriah Pharmacy**

4315 Main Street NY9N  
Port Henry, NY 12974  
Tel: 518-546-7244

### **Post Office Pharmacy**

61 Main Street  
Saranac Lake, NY 12983  
Tel: 518-891-2233

### **Rite Aid**

1161 NYS Rt. 9N  
Ticonderoga, NY 12883  
Tel: 518-585-6787

### **Wal\*Mart Pharmacy**

1134 Wicker Street  
Ticonderoga, NY 12883  
Tel: 518-585-6486

### **Kinney Drugs**

7550 Court Street  
Elizabethtown, NY 12932  
Tel: 518-873-6441

### **Peru Pharmacy**

3 Gorman Way  
Peru, NY 12972  
Tel: 518-643-2318

### **Rite Aid**

2140 Saranac Avenue  
Lake Placid, NY 12946  
Tel: 518-523-5305

### **Schroon Lake Pharmacy**

1081 Main Street  
Schroon Lake, NY 12870  
Tel: 518-532-757

### **Willsboro Pharmacy**

3932 NYS Rte 22  
Willsboro, NY 12996  
Tel: 518-963-8946

## PREGNANCY AND INFANT CARE

### **Adoption Services**

7551 Court Street  
P.O. Box 217  
Elizabethtown, NY 12932  
Tel: 518-873-3422  
Tel: 518-873-3414  
Website: [www.co.essex.ny.us/](http://www.co.essex.ny.us/)

*Services to assist children in securing adoptive homes.*

### **Day Care Services**

Essex County Department of Social Services  
7551 Court Street  
P.O. Box 217  
Elizabethtown, NY 12932  
Tel: 518-873-3885  
Website: [www.co.essex.ny.us/PublicHealth/PublicHealth.asp/](http://www.co.essex.ny.us/PublicHealth/PublicHealth.asp/)

*Subsidy for income eligible individuals who are paying for licensed day care.*

### **Foster Care Services for Children**

Essex County Department of Social Services  
7551 Court Street  
P.O. Box 217  
Elizabethtown, NY 12932  
Tel: 518-873-3413  
Website: [www.co.essex.ny.us/](http://www.co.essex.ny.us/)

*Foster care services to eligible children under the age of 18.*



## SCHOOLS

### **Adirondack Educational Center**

711 NYS Route 3  
Saranac Lake, NY 12983  
Tel: 518-891-1330  
Website: [www.fehb.org/](http://www.fehb.org/)

### **AuSable Valley Central School**

1273 Route NYS Rte 9N  
Clintonville, NY 12924  
Tel: 518-834-2845  
Website: [www.avcs.org/](http://www.avcs.org/)

### **CVES – Mineville**

3092 Plank Road  
Mineville, NY 12956  
Tel: 518-942-6691  
Website: [www.cves.org/](http://www.cves.org/)

### **Crown Point Central School**

P.O. Box 35, 2758 Main St  
Crown Point, NY 12928  
Tel: 518-597-3285  
Website: [www.cpcsteam.org/](http://www.cpcsteam.org/)

### **Elizabethtown/Lewis Central School**

PO Box 158  
7530 Court Street,  
Elizabethtown, NY 12932  
Tel: 518-873-6371  
Website: [www.elcs.org/](http://www.elcs.org/)

### **Keene Central School**

PO Box 67  
33 Market Street  
Keene Valley, NY 12943  
Tel: 518-576-4555  
Website: [www.kcs.org/](http://www.kcs.org/)

### **Lake Placid Central School**

50 Cummings Road  
Lake Placid, NY 12946  
Tel: 518-523-2475  
Website: [www.lpcsd.org/](http://www.lpcsd.org/)

### **Minerva Central School**

P.O. Box 39,  
Olmstedville, NY 12857  
Tel: 518-251-2000  
Website: [www.minervasd.org/](http://www.minervasd.org/)

### **Moriah Central School**

39 Vikings Lane  
Box 7-A  
Port Henry, NY 12974  
Tel: 518-546-3301  
Website: [www.moriahk12.org/](http://www.moriahk12.org/)

### **Newcomb Central School**

5535 Rt. 28 N  
Box 418  
Newcomb, NY 12852  
Tel: 518-582-3341  
Website: [www.newcombcasd.org/](http://www.newcombcasd.org/)

### **Saranac Lake Central School**

79 Canaras Avenue  
Saranac Lake, NY 12983  
Tel: 518-891-5460  
Website: [www.slcs.org/](http://www.slcs.org/)

### **Schroon Lake Central School**

P.O. Box 338, 1125 Rt. 9  
Schroon Lake, NY 12870  
Tel: 518-532-7164  
Website: [www.schroonschool.org/](http://www.schroonschool.org/)



## SENIOR AND FAMILY HOUSING

### **Adirondack Manor**

653 Bay Road,  
Queensbury, NY 12804  
Tel: 518-761-0176

*Assisted living adult home.*

### **Adirondack Residential Center**

518 Norrisville Road  
Schuyler Falls, NY 12985  
Tel: 518-534-9444

*Professionally staffed residential program for male juvenile offenders.*

### **Apple Valley Senior Housing Corp**

1 Apple Valley Drive, A7  
Peru, NY 12972  
Tel: 518-643-6766  
TDD: 800-662-1220  
Website: [www.applevalleysh.org/](http://www.applevalleysh.org/)

*One bedroom apartments for income-eligible seniors and disabled individuals.*

### **Black Brook Senior Housing**

41 Hopkinton Turnpike  
AuSable Forks, NY 12912-2905  
Tel: 518-647-8125  
Website: [www.coniferliving.com/](http://www.coniferliving.com/)

### **Bonnieview Terrace Apartments**

1038 Bonnieview Road  
Wilmington, NY 12997  
Tel: 518-946-7966

### **Boquet River Senior Housing**

44 Lawrence Way  
Elizabethtown, NY 12932  
Tel: 518-873-7397

*Housing for income-eligible and over 62 years old.*

### **De Chantel Apartments**

60 Church Street  
Saranac Lake, NY 12983  
Tel: 888-848-5698

*Housing for income-eligible seniors.*

## SENIOR AND FAMILY HOUSING (cont.)

### **Keene Valley Neighborhood House**

1782 Route 73  
Keene Valley, NY 12943  
Tel: 518-576-4474  
www.kvnh.org/

Assisted-living facility for seniors; aide services and case management available.

### **Keeseville Country Gardens**

164 Hill Street  
Keeseville, NY 12944  
Tel: 518-834-7725  
Fax: 518-834-1500

*Senior housing.*

### **Lake Flower Apartments**

3 Riverside Drive  
Saranac Lake, NY 12983  
Tel: 518-891-3050

*Senior housing.*

### **Lakewood Apartments**

15 Senior Lane  
Willsboro, NY 12996  
Tel: 518-963-4336  
Tel: 518-643-2258

*Senior housing.*

### **Lee House Apartments**

16 South Main Street, Port Henry, NY 12974  
Tel: 518-546-7605

*Housing for seniors 62 and over and handicapped individuals who meet income guidelines.*

### **Lord Howe Estates**

54 Adirondack Drive  
Ticonderoga, NY 12883  
Tel: 518-585-6696

*Housing for seniors 62 and over and handicapped or disabled individuals who meet income guidelines.*

### **Montcalm Manor Home for Adults**

45 Montcalm Street  
Ticonderoga, NY 12883  
Tel: 518-585-6230



## SENIOR AND FAMILY HOUSING (cont.)

### **Mountain Meadows**

76 Water Street  
Elizabethtown, NY 12932  
Tel: 518-532-0132

14 Leland Avenue  
Schroon Lake, NY 12870  
Tel: 518-532-0132

*Affordable senior housing for ages 62 and older.*

### **Mountain Vista**

12 Vista Way  
Ticonderoga, NY 12883  
Tel: 518-584-4543

### **Saranac Village at Will Rogers**

78 Will Rogers Drive  
Saranac Lake, NY 12983  
Tel: 518-891-7117

*The historic retirement community of the Adirondacks offering independent living for those 55 and older.*

### **Senior Citizen's Overlook Apartments, Inc.**

45 Main Street – Suite 1  
Bloomingdale, NY 12913  
Tel: 518-891-2194  
TDD: 800-662-1220

*Affordable housing for seniors over 62 and people with disabilities over 18.*

### **The Greenwood**

89 Greenwood Street  
Lake Placid, NY 12946  
Tel: 518-523-2462

*Affordable housing for seniors 62 or older or for people with disabilities over 18.*

### **The Oaks at Fort Hudson**

325 Broadway  
Fort Edward, NY 12828  
Tel: 518-747-2811  
Website: [www.forthudson.com/](http://www.forthudson.com/)

*Independent housing for seniors 62 or older; transition to skilled nursing, rehabilitation, adult day care available.*

## SUPPORT GROUPS

### **Alcoholics Anonymous (AA) - Elizabethtown and Tri-Lakes Area**

Meeting places vary; Call to request a meeting schedule.

Tel: Local Hotline- 518-891-9035 or 800-281-1190

Tel: National Office- 212-870-3400

*12-step, self-help program; "Open" meetings for the public and professionals to learn about AA. "Closed" meetings are for alcoholics only. There are no dues or fees to become a member.*

### **Al-Anon/Alateen Family Groups**

Meeting places vary; Call to request an Alateen meeting schedule.

Tel: Local Hotline- District 5: 518-561-0838

Tel: National Hotline 888-4AL-ANON.

Website: [www.al-anon.alateen.org/](http://www.al-anon.alateen.org/)

*12-step, self-help program; "Open" meetings for the public and professionals to learn about Al-Anon/Alateen. "Closed" meetings are for families and friends of alcoholics. Alateen meetings are "closed" for youth only. There are no dues or fees to become a member.*

### **Alzheimer's Disease Caregiver Support Initiative**

Center for Neurobehavioral Health

101 Broad Street, Rm 227 Sibley Hall

SUNY Plattsburgh

Plattsburgh, NY 12901

Tel: 800-388-0199

Website: [www.plattsburgh.edu/](http://www.plattsburgh.edu/)

*Free services including care consultations for individuals and families, support groups, education, respite for caregivers to safely leave their homes for short or long periods of time, Project Lifesaver for those at risk of wandering.*

### **Bereaved Parents of the USA**

Adirondack Chapter

144 Lake Street

Saranac Lake, NY 12983

Tel: 518-891-3613

Website: [www.bereavedparentsusa.org/](http://www.bereavedparentsusa.org/)

### **Breast Cancer Support Group - "Treasure Chests"**

Fitzpatrick Cancer Center

75 Beekman Street

Plattsburgh, NY 12901

Tel: 518-562-7148

Tel: 518-562-7100

Website: [www.cvph.org/](http://www.cvph.org/)

### **Champlain Valley Adoption Support Group**

87 Ashley Road

Plattsburgh, NY 12901

Tel: 518-563-8003

Website: [www.nyadoption.org/](http://www.nyadoption.org/)

## **SUPPORT GROUPS (cont.)**

### **Diabetes Support Group**

Cornell Cooperative Extension  
3 Sisco Street, Suite 1  
PO Box 388  
Westport, New York 12996  
Tel: 518-962-4810 Ext: 411  
Website: <http://blogs.cce.cornell.edu/essex/>

*supports persons with diabetes through communication and educational sessions.*

### **Families First in Essex County, Inc.**

196 Water Street  
P.O. Box 565  
Elizabethtown, NY 12932  
Tel: 518-873-9544  
Fax: 518-873-9570.  
Website: [www.familiesfirstinessexcounty.org](http://www.familiesfirstinessexcounty.org)

*Provides support and services from a strengths-based perspective to families with children with emotional difficulties or mental health issues, support groups, respite program, free clothing, food shelf, and household items.*

### **High Peaks Hospice**

12 Tom Phelps  
Mineville, NY 12956  
Tel: 518-942-6513  
Website: [www.highpeakshospice.com/](http://www.highpeakshospice.com/)

Admin Office: P.O. Box 840  
Saranac Lake, NY 12983  
Tel: 518-891-9631

*Physical, psychological, social, and spiritual care for dying individuals and their families. Bereavement support available for families of the deceased.*

### **Mental Health Association in Essex County**

6096 NYS Route 9N  
Westport, NY 12993  
Tel: 518-962-2077  
800-440-8074  
Fax: 518-962-8233  
Website [www.mhainessex.org/](http://www.mhainessex.org/)

*A wide range of programs to facilitate the recovery of people who have experienced mental illness.*

### **National Alliance on Mental Illness of Champlain Valley (NAMI)**

14 Healey Avenue, Suite D  
Plattsburgh, NY 12901  
Tel: 518-561-2685  
Fax: 518-314-6613  
Website: [www.nami-cv.org/](http://www.nami-cv.org/)

*Support for individuals with mental illness and their families. Support groups and educational programs.*

## **SUPPORT GROUPS (cont.)**

### **North Country Center for Independence**

88 Sharron Avenue  
Plattsburgh, NY 12901  
Tel: 518-563-9058

Website: [www.ncci-online.com/](http://www.ncci-online.com/)

*Information & referral, peer counseling, advocacy, independent living skills training, radio reading service, accessibility consultation, assistive technology, benefits advisement, employment services, and long term care information.*

### **Northern Adirondack Planned Parenthood- Saranac Lake**

41 St. Bernard Street  
Saranac Lake, NY 12983  
Tel: 518-891-0046

Website: [www.plannedparenthood.org/](http://www.plannedparenthood.org/)

*Medical, counseling, and educational services related to reproductive healthcare, HIV/AIDS, and sexual assault services.*

### **Sexual Assault Services of Essex County**

15 Montcalm Street, Suite 2  
Ticonderoga, NY 12883  
Tel: 518-984-0094  
Fax: 201-304-0103  
24 Hour Hotline – 1-866-307-4086

*Counseling on Sexual Assault issues and relationships over the age of 12; 24-hour hotline, crisis counseling, therapy, advocacy, information and referrals; prevention education/training. Services are provided no matter when the assault occurred, whether it was 2 hours ago or 20 years ago.*

### **Stop Domestic Violence**

6470 Main Street, Suite 2  
P.O. Box 97  
Westport, NY 12993  
Tel: 1-866-563-6904 or 518-962-8949

*Emergency shelter, counseling, education; crisis intervention and support groups, advocacy, community presentations, 24-hour hotline.*

## TAXI SERVICE AND TRANSPORTATION

### **Essex County Office for the Aging**

P.O. Box 217  
Elizabethtown, NY 12932  
Tel: 518-873-3695  
Fax: 518-873-3784  
Website: [www.co.essex.ny.us/OFA.asp/](http://www.co.essex.ny.us/OFA.asp/)

*Transportation for those over 60 to and from medical-related appointments.*

### **Essex County CHAMP Bus**

Tel: 518-873-3689  
Tel: 1-800-914-9266  
Website: [www.co.essex.ny.us/CrossingCommunities.asp/](http://www.co.essex.ny.us/CrossingCommunities.asp/)

*Bus transportation from Ticonderoga to Elizabethtown; bus transportation from Keene to Plattsburgh every other Tuesday; bus transportation from Keene to Elizabethtown every Friday. Printed schedules available.*

### **Joe's Taxi**

165 Vineyard Road  
Ticonderoga, NY 12883  
Tel: 518-585-4412

### **Lavigne Taxi Service**

PO Box 24  
Saranac Lake, NY 12983  
Tel: 518-891-2444

### **Medicaid Transport – Essex County**

Medical Answering Services, LLC (MAS)  
P.O. Box 11998  
Syracuse, NY 13218  
Tel: 866-753-4442  
Website: [www.medanswering.com/](http://www.medanswering.com/)

*Transportation or reimbursement for Medicaid-covered health related appointments for Medicaid-eligible persons who have no other means of transportation. All trips and reimbursement must be prior approved.*

## VETERANS AFFAIRS

### **NYS Division of Veterans Affairs – Essex County Office**

P.O. Box 217  
Elizabethtown, NY 12932  
Tel: 518-873-3488  
Tel: 888-838-7697  
Website: [www.veterans.ny.gov/](http://www.veterans.ny.gov/)

*Assistance to veterans and their families regarding benefits for which they may be eligible.*

### **NY State Division of Veterans Affairs**

5 Empire State Plaza, Suite 2836  
Albany, NY 12223  
Tel: 518-474-6114

*Advice and assistance for veterans and their families.*

### **Veterans Administration Hospital**

113 Holland Avenue  
Albany, NY 12208  
Tel: 518-626-5000  
Tel: 1-888-838-7697  
Website: [www.albany.va.gov](http://www.albany.va.gov)

*Comprehensive range of medical, surgical, psychiatric, geriatric, and ambulatory care services to veterans.*

### **Veterans Community-Based Outpatient Clinic**

7426 State Route 9  
Westport, NY 12993  
Tel: 518-626-5236  
Website: [www.albany.va.gov/elizabethtown.asp](http://www.albany.va.gov/elizabethtown.asp)

*Behavioral health, primary care, preventive medicine, medication management, smoking cessation program, benefits consultation.*

## NY Connects

NY Connects is a program available in Essex County that assists individuals with accessing long-term care services. The New York State Office for the Aging (NYSOFA) and the Department of Health (DOH) are working on this collaborative effort to ensure that consumers, their caregivers, and professionals, are receiving unbiased and accurate information regarding services that are available in Essex County. NY Connects supports the consumer's choice and independence while also ensuring that they are accessing the most cost-effective service that can be provided.

NY Connects provides a single access point to all individuals, regardless of age, income, or payment source with assistance with exploring long-term care options in our area. This program will ensure that clients, caregivers, and professionals are linked to the most appropriate service(s) for that individual.

In Essex County, our NY Connects program is based in the Office for the Aging. With collaboration from the local Department of Social Services (DSS), Public Health, and many other agencies, we have been able to implement this much needed program. We strongly feel that this program will ease the frustration that consumers usually encounter while trying to access services. In addition, this program will allow us to evaluate our current long-term care system and will assist us in meeting the challenges that our consumers face when accessing services.

To assist potential consumers and caregivers, we have updated our current resource directory of services. This directory can be accessed on-line at: [www.nyconnects.ny.gov/](http://www.nyconnects.ny.gov/). Please feel free to utilize this resource when assisting potential consumers, caregivers, and others. In addition, information and assistance can be provided by our NY Connects staff by calling 518-873-3815.



**NY Connects:  
Choices for  
Long Term Care**

## TOLL-FREE NUMBERS

AARP	800-444-6544
Alliance for Lung Cancer	800-298-2436
Alliance for Positive Health (AIDS Council)	800-201-2437
ALS Association (Lou Gehrig's Disease)	800-782-4747
Alzheimer's Association	800-272-3900
Alzheimer's Dis. Assistance Center	800-822-0246
Alzheimer's Dis. & Related Dis. Assoc.	800-272-3900
Alzheimer's Dis. Ed. & Referral Ctr.	800-438-4380
American Behcet's Disease Association	800-723-4238
American Cancer Society	800-227-2345
American Council of the Blind	800-424-8666
American Diabetes Association	800-342-2383
American Kidney Fund	866-300-2900
American Liver Foundation	800-223-0179
Aplastic Anemia & MDS International Foundation	800-747-2820
Audiology Awareness Campaign	800-445-8629
Birthright	800-550-4900
Brain Injury Assoc. of New York State	800-228-8201
Brain Injury Association of America	800-444-6443
Burn Injury Hotline	800-345-5811
Cancer Care	800-813-4673
Cancer Institute, Roswell Park Cancer	877-275-7724
Cancer Treatment Centers of America	800-931-9299
Captioned Media Program	800-237-6213
Cervical Cancer Coalition	800-685-5531
Centers for Disease Control/Asthma	800-232-4636
Centers for Disease Control STD Hotline	800-227-8922
Child Abuse Reporting Center	800-342-3720
Child Find	800-426-5678
Child Find-Victims of Domestic Violence	800-292-9688
ChildHelp National Child Abuse Hotline	800-422-4453



## TOLL-FREE NUMBERS (cont)

Christopher & Dana Reeve Foundation	800-225-0292
Crohn's & Colitis Foundation	800-932-2423
Domestic Violence Hotline	800-799-7233
Depression and Bipolar Support Alliance	800-826-3632
Drug Sales Reporting Hotline	877-792-2873
Early Childhood Direction Center	800-462-7653
Environmental Protection Agency - Asbestos	800-368-5888
Environmental Protection Agency – Drinking Water	800-426-4791
Environmental Protection Agency – Pesticides	800-858-7378
Epilepsy Foundation of America	800-332-1000
Federal Student Aid	800-433-3243
Growing Up Healthy Hotline	800-522-5006
Health Resources Administration (Hill-Burton Fed Prog)	800-638-0742
High Peaks Hospice, Inc.	800-639-8045
Hospice Foundation of America	800-854-3402
International Dyslexia Society	800-222-3123
Koldin Law Center	800-851-0022
Legal Aid Society Northeastern NY	800-722-7380
Leukemia and Lymphoma Society	800-955-4572
Living Bank/Organ Donor Information	800-528-2971
Look Good, Feel Better	800-395-5665
Medic Alert	800-344-3226
Medicare Hotline	800-633-4227
Mental Health Association in Essex County	800-440-8074
Missing Children Hotline	800-843-5678
Mortgage Information/SONYMA	800-382-4663
National Association for Continence	843-377-0900
National Cancer Institute	800-422-6237

## **TOLL-FREE NUMBERS (cont.)**

National Child Safety Council	800-327-5107
National Council on Aging	800-424-9046
National Library for the Blind	800-424-8567
National Multiple Sclerosis Society	800-344-4867
National Pesticide Information Center	800-858-7378
National Runaway Hotline	800-231-6946
NY Connects	800-342-9871
NY FarmNet HelpLine	800-547-3276
NYS Coalition Against Domestic Violence	800-942-6906
NYS Ed Dept/Adult Career & Continuing Ed	800-222-5627
NYS Office for People w/Developmental Disabilities	866-946-9733
NYS Office of Temporary & Disability Assistance	800-342-3009
NYS Public Service Commission/Consumer Complaints	800-342-3377
NYS Talking Book & Braille Library	800-342-3688
Prostate Cancer Foundation	800-757-2873
Shriners Hospital for Children	800-237-5055
Social Security Administration	800-772-1213
United Spinal Association/Spinal Cord Resource Center	800-962-9629
U.S. Consumer Product Safety Commission	800-638-2772

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## Client Satisfaction Survey

Please complete and return this survey to:  
Essex County Office for the Aging  
P.O. Box 217  
Elizabethtown, NY 12932

1. Where did you get a copy of this directory from?  
\_\_\_\_\_
2. Are you finding the directory helpful?  
\_\_\_\_\_
3. How could the directory be improved?  
\_\_\_\_\_
4. Have you contacted any of the organizations in this directory?  
\_\_\_\_\_
5. Would your organization like to be listed in future issues of the directory? If yes, please send us your name and any information you would like included.

Name of Organization - \_\_\_\_\_

Contact Person - \_\_\_\_\_

Address - \_\_\_\_\_

Telephone - \_\_\_\_\_

Brief description of services offered -

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**For more information, please contact us:**  
Essex County Office for the Aging – 518-873-3695  
Essex County NY Connects – 518-873-3815